



JOY – A BANNER OF HEALING

Joy is a great state to be in—it helps to provide an atmosphere of healing and is an indicator of when healing happens. It is a signal of freedom flying above earthly woes.

Let me give you an example. A Christian Scientist, who practices joy quite regularly, was introduced to a woman through her husband. He had learned that this young woman had a brain tumor and would need an operation. The two women met and the Christian Scientist agreed to pray for her, but she was very concerned about the responsibility. She had met someone else that had a similar surgery and it had not turned out so well. She felt it was not necessary for this woman to go through this experience so agreed to pray for her twice a day.

Every morning upon awakening and later when running on the beach she prayed. She tried different approaches to gain confidence in her treatment. Finally, she asked herself, “Why did God create this woman?” The answer came—“She is a gift to Himself!! He will never let His gift suffer this scheduled sadness.” She was filled with such joy that she leaped higher and higher on the beach.

SAVE THE DATE – DETAILS INSIDE!
September 19, 2015

**“The Great Heart
of Divinity”**
**Inspiring talk by
Col. Janet Horton,
(Ret.)**



When the young woman left her a message to call her back, she did so with hopeful expectancy. The young woman said she had been prepared for the operation—many x-rays had been taken and she was waiting a long time in the surgeon’s office. Then he came out waving the x-rays in one hand and saying, “There is good news and bad news. Which do you want to hear first?” She said sadly, “The bad news.” He said, “No, I’ll give you the good news first. Your tumor is gone! The bad news is you have to go home!”

The two women both wept for joy! Cheerfulness and joy are good states of mind to be in—they are buoyant

with hope and give one a proper standard to hold up. Then when Spirit moves and inspires, it lifts the banner of healing aloft and health is evident in mind and body.

Christian Science nurses bring joy and encouragement into the sick room. They are qualities of nursing that Mrs. Eddy stated in *Science and Health with Key to the Scriptures*: “The nurse should be cheerful, orderly, punctual, patient, full of faith, — receptive to Truth and Love” (p. 395).

Christian Science nurses must also have a demonstrable knowledge of

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Christian Science and so that means that they heal regularly in their own lives and those near them (see *The Manual of the Mother Church*, p. 49). In the experience shared above, the Christian Scientist praying for the young woman was one of our CS nurses on staff. It is an example of a healing demonstration that gives them the skills to care for patients at Lynn House.

Although Christian Science nurses do not pray specifically for patients (that is the duty of the Christian Science practitioner engaged by the patient) they bring with them a flag of healing and hope. They are not impressed by any material picture but are assured by the recognition that each of us is made in the image and likeness of God. That is a fact for rejoicing!

The Bible also assures us of joy in God's creation. "Thou wilt shew me the path of life: in thy presence is fulness of joy; at thy right hand there are pleasures for evermore (Ps 16:11)." "For ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing, and all the trees of the field shall clap their hands" (Isa 55:12). Can't you see the banner of joy leading us on and flying over mountains, hills, and trees!

JOYFUL THANKS TO YOU ALL!

Did you know you helped someone today?

- In the middle of the night?
- Someone who was fearful and needed encouragement?
- Someone who couldn't get out of their bed on their own?
- Someone who needed their dinner specially prepared?
- Someone who fell in their home?
- Someone who needed a friendly ride to an appointment?
- A family who needed to know what services Lynn House offers?
- A father whose son needed a bandage on his elbow?
- A mother who needed a quiet haven to pray about being unemployed?

"How could I? When could I? I've been busy with family, house, friends, work, committees. I don't have skills, didn't even know someone needed help."

Yes, you did because you support Lynn House. Because you support your branch church, which supports Lynn House. Yes, you did!

And did you know that your support is even larger than you think? Your support promotes and invests in Christian Science nursing, a provision in *The Manual of the Mother Church* by Mary Baker Eddy. If you don't think your gift was that important, then we ask you to call us, visit us, talk with us – Christian Science nurses and staff at Lynn House. We will tell you how grateful we are and that you are investing in a strong future of care for those relying on Christian Science. You are spreading the word about the availability and flexibility of services provided by an active, loving Christian Science nursing facility. And we all thank the Christly-love that brought us together to care for each other. Amen.

Applause and thanks to all of you who gave to the 2014 Matching Campaign —the \$100,000 goal was met and exceeded!

~ Lynn Meyerson

GRADUATION DAY

There is a special joy in knowing that one is gaining constantly in the knowledge of Truth and divine Love. Mary Baker Eddy



Christian Science nurses Nina Cannaday-Davis and Brad McCall graduate from the Christian Science Nurses Training School at Chestnut Hill Benevolent Association, May 31, 2015.

THE RESIDENCES



Festive Annual Picnics - Allison Jones, Activities Coordinator, (left) and Desiree Chapman, Christian Science Nurse/Residential Assistant, (center) with a resident enjoying last year's Independence Day celebration.

Happy Announcement - The Residences at Lynn House has just passed our Commonwealth of Virginia required licensing inspection with flying colors. Typically residential/assisted living facilities receive a one to two year license. For the second time in a row we have been granted a three year license! We are so grateful to all of our fine Christian Science nursing staff who serve as Residential Assistants and to our wonderful operations staff who help keep everything running smoothly. Thank you all for a job well done!

If you would like to come for a tour of our residential community please give us a call. We would love to show you around.

~ Lynne Darnell, Assisted Living Facility Administrator



Principia College Students and their advisor volunteered at Lynn House on their first day in town for a conference. They expressed such joy, skill, and enthusiasm! The Residents were delighted to get to know them and our staff was so pleased to have many small projects completed. We all felt like one big happy family – it's hard to tell who the students are and who is our staff!

GRATITUDE

BRINGING PEACE AND JOY

This winter I struggled with an illness that left me weak and miserable for almost two weeks. But a Christian Science nurse visited me every day – sometimes twice a day. And she brought food, helped with laundry, tidied a bit. Most importantly she brought joy and encouragement. She stated out loud the truth of my identity and made me feel loved. She came even in bad weather, but she always came with a smile and the confidence of God's presence.

This helped me to awaken and feel the encompassing, big love of God. My healing was complete and I was able to go back to work. I'm so very grateful.



Joy is to fun what the deep sea is to a puddle. It's a feeling inside that can hardly be contained.

~ Terry Pratchett

SUMMERTIME VOLUNTEER FUN!

Have a few extra hours this summer? Teens, students, everyone! Bring your smile and join us for a variety of projects.

Please contact our Administrative Coordinator, Nancy Fulton, (703) 379-6000.

GIVING OPPORTUNITIES

Facility Restoration Drive— Begun in the summer of 2014 with a goal of \$650,000, we have been able to complete projects at a value of \$140,000, including roof replacement, exterior painting, and nursing equipment. Won't you help to complete the rest? Just recently a Rest and Study guest, seeing the painters' ladders, gave us \$1000 to help with one of our current projects. Your gifts have very visible results! We are due for replacing the Christian Science nurse call system and main kitchen floor in 2015.

Benevolence Fund— Patients are admitted to Lynn House independent of their ability to pay. The expectancy of quick and whole healing includes the supply of all needs. If bills do mount up, Lynn House responds with benevolent arrangements that bless everyone. Be a Good Samaritan and support your neighbor. You will be blessed, too!

Sustainer Program— Humble monthly giving can translate into a substantial contribution over the course of the year. Pledging \$20 per month means a gift of \$240 for the year — and \$83 per month equates to \$1000. These gifts can be made by check, credit card, or automatic withdrawal. Please submit the enclosed contribution envelope, give online at www.lynnhouse.org, or just call us.

United Way/Combined Federal Campaign— For the United Way of the National Capital Area Campaign our code is 8495, and for the Combined Federal Campaign our code is 69892.



A SPECIAL NOTE OF WELCOME!!



Lynn House joyfully welcomes Lynn Meyerson to our staff as the Director of Outreach and Development. Lynn relocated to Virginia in March after 15 years of dedicated service to the Christian Science nursing ministry at High Ridge House in Riverdale, New York. She worked as a CS nurse and then moved

those talents into various administrative roles as Acting Administrator, Development Director, and then Director of Outreach and Hospitality. We are so glad she has brought her gifts to Lynn House. You may have already met Lynn as she visits area churches and events. If not, she will see you soon!

KEEPING IN TOUCH... We happily receive changes of address, new emails, or requests to be removed from the mailing list. Please contact mail@lynnhouse.org or (703) 379-6000.



LYNN HOUSE OF POTOMAC VALLEY, INC.

*You are welcome to call
24 hours a day, seven days a week.*

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4400 West Braddock Road, Alexandria, Virginia 22304-1010 • phone (703) 379-6000 • (800) 283-4325
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