

LYNN HOUSE Letter

A Haven for Spiritual Healing, Rest & Renewal

PROSPEROUS STEWARDSHIP

BOARD'S MESSAGE

Recently while reading *We Knew Mary Baker Eddy*, I realized the importance of inspired obedience to all of her *Church Manual By-Laws*. Some of them refer specifically to Mrs. Eddy and our relation to her. For instance, the By-Law about those called to serve in her household. They were to come when called. The demands were great but so were the blessings! It occurred to me that I could be obedient to the spirit of this By-Law today by responding when called to serve and support our church.

In thinking of the By-Law which establishes the Christian Science nurse, I considered how I could be obedient to this provision. It doesn't call for every member to be a C.S. nurse. However, it is under Article VIII Guidance of Members, and it outlines the Christly character and standard for a Christian Science nurse, and by implication the need for them.

I found I am being obedient to this By-Law through my service on the Lynn House Executive Board. Board members regularly pray to support all Christian Science nursing and specifically Lynn House and our

immediate field. Sometimes this gives me the opportunity to remember to express the patience and cheerfulness a C.S. nurse expresses with my fellow man and especially my fellow church members. I realize how many of the nursing qualities—nurturing, kindness, consideration, patience and wisdom—are needed in daily interactions with others.

There are many opportunities to realize the rewards of obedience to the Church By-Law provision for Christian Science nursing. Volunteers are needed to support the office of Christian Science nurse. Philanthropists, readers, Lynn House Corporate Members, Executive Board members, advocates for Christian Science healing are all necessary.

How will you respond to the call?



Kathryn Fish
Chairman, Executive Board

EXECUTIVE DIRECTOR'S PERSPECTIVE

There are many stewards mentioned in The Bible. We all know their inspiring examples—there is Noah, Eliezer (Abraham's overseer), Jacob, Moses, the three stewards with the talents, Paul, and Nehemiah to name a few.

Of course, there is my favorite steward, Joseph.

Joseph was the overseer in Potiphar's house; the keeper of the prison committed all to Joseph's care and Pharaoh made him ruler over all of Egypt. Joseph exemplified the good steward. He was prosperous because he knew God as the Giver of all good, the All-in-all. Ultimately, his trust in God led him to the court of Pharaoh where, humbly listening to God's direction, he wisely gathered the country's resources. Because he was listening to and following God, and knowing of the coming famine, Joseph's oversight enabled the seven years of abundance to supply the seven years of need.

In our efforts to be good stewards



The love expressed at Lynn House is felt by all who come through its doors.

PROSPEROUS STEWARDSHIP

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of Lynn House, our primary focus is Christian Science nursing and C.S. nurses' training that support Christian Science healing for those we serve; we're progressively seeing divine healing first-hand. We hope you enjoy reading a few of the Love-inspired examples of good stewardship we've gathered for you in this newsletter. It's expressed throughout Lynn House, especially through our Christian Science nurses at all levels of training and experience. Gratitude expressed by those we've served hasn't been limited to the Christian Science nursing and healing people have experienced; it extends to our service departments and this field's wonderful Christian Science nursing facility.

This is an important area of our stewardship and we are prudently planning for repairs and renovations to the building and property. We

have, of course, been providing normal upkeep to the facility; however, the building was completed 20 years ago this spring and, as with each of our homes, some significant maintenance and repair work is needed at certain points. A few are mentioned here. We just replaced the failing phone system as it was dropping calls and not able to be repaired. The main kitchen tile floor has begun to degrade and is pulling up from the underlayment and is likely to cost \$36,000. The driveway and parking lot will need major repairs in the next year at an estimated cost of \$40,000. There is an immediate need for \$110,000 to replace the 10,000 square foot flat roof, which can be no longer repaired, so that the rain stays 'outside.'

Facility Restoration Drive

Like Joseph, based on our prayerfully considered seven year maintenance plan, we see the need to begin a

Facility Restoration Drive. Our goal is to gather \$650,000 over the next two years for necessary building, property and systems restoration. While we will be communicating more details on the Facility Restoration Drive in the coming months, your contribution to the roof work now would be greatly appreciated.

Lynn House is here, in trust, for anyone relying on Christian Science for healing. Here you can experience the dedicated, loving, healing ministry of Christian Science nurses working together in support of each patient's demonstration and the work of Christian Science practitioners.

Lynn House has been functioning here in the National Capital area for 50 years. Love placed it here, Love continues to guide its changes and growth and Love leads each of us to support its mission, so we are able to be generous in annual giving, trusts or bequests, and many other ways, including giving at special times. As Christian Scientists, we are all the collective stewards of this healing refuge. We can trust the "sustaining infinite" (*Science and Health*, p. vii) to continue to maintain this tangible expression of good and to have it prosper.

Joseph had this blessing from God that, in turn, blessed many others: "...the Lord made all that he did to prosper in his hand" (Gen 39:3). We all have this same blessing.

With love and gratitude,

Carolyn E. Hill

Executive Director

STEWARDS OF A GLORIOUS TRUST

“It’s been my privileged joy to experience the sacred devotion and love the Christian Science nurses at Lynn House express in support of each guest’s spiritual progress and healing. I’m just in awe of their obedience to our Leader’s *Church Manual* provisions, their high standards of excellence, and the divine energy expressed as they give proper care. They deliver a wide variety of appealing meals, working closely with Lynn House’s commendable food service department. The vegetarian and vegan meals Lynn House offers, upon request, are delightful! We can be grateful for the loving skill and resourcefulness with which patients’ food needs are met.

I give a lot of prayerful thought to my choices and I greatly appreciate that Lynn House kindly accommodates patients’ food needs, as this enables one to freely focus on the spiritual growth necessary for Christian Science healing and demonstration. ”

– former patient

How happy we are at Lynn House for each answered prayer for a right sense of nourishment to be supplied; as recorded from earliest biblical times, God answers the earnest prayer: “feed me with food convenient for me (Proverbs 30:8).”

God calls, equips and prepares us to serve and glorify Him through the understanding demonstration of divine Love’s glorious trust—divine Science, Truth’s revealed Word. It’s natural for us to find that spiritual living of Love’s revelation prospers and authorizes us, our individual mission and our collective mission, too. This spiritual perspective also enables us to see the Cause of Christian Science, and all it rightly includes, as a *living legacy of Love*. Aids to our discerning and demonstrating this precious trust and legacy are Christ Jesus’ teachings and life-work, our correlated Church Tenets, and the whole of Mary Baker Eddy’s writings, including her *Church Manual*, and each of its By-Laws. Obeyed with love and inspiration, these all provide support and defense for our spiritual growth, stewardship and successful practice of Christian Science Mind-healing.

In conversations I’ve had with Christian Science nurses, Executive Board members and staff at Lynn House, as well as other Christian Scientists through the years, it’s clear that cherishing and working spiritually with these tenets and By-Laws (notably, “Alertness to Duty” and “A Rule for Motives and Acts”) richly rewards and multiplies the good expressed in faithful stewardship. Revelations of Truth and Love come to us individually, as we’re watching and praying for God’s direction and provision. They culminate in a collective practice or what you might call a progressive demonstration of Church.

This is evident in spiritual oneness, however expressed, and in the coordinated, team Christian Science nursing as practiced at Lynn House. Hollis Tiger Wines immediately saw the value of uplifting the concept of Christian stewardship to divine metaphysics. As a senior student Christian Science nurse here, she is skilled in doing this and in watching and praying for her ministry. She sees this as an effective way of truly serving divine Love with right motives and pure purpose. Christly reflection of Love heals; it manifests and multiplies only good.



Hollis Tiger Wines

Of the many definitions of stewardship that Hollis and I have been spiritually considering, one stood out in relation to Christian Science practice: “Responsible overseeing and protection of something considered worth caring for and preserving” (Dictionary.com). Exercising spiritual sense, we increasingly express divine Principle, Love, and can naturally fulfill a wise spiritual stewardship that expresses “...a demonstrable knowledge of Christian Science practice...” (Please see *Manual of The Mother Church* and Mary Baker Eddy’s requirements for the “Christian Science Nurse” p. 49.)

Considering this theme together in the light of Christian Science nursing,

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an abundance of inspiring, clarifying and sustaining ideas began to unfold spontaneously. They came with a joyous sense of sufficiency, of what Hollis calls an “abundant enough.” In its essence, Hollis now sees stewardship as living the law and government of Love. No surprise then that near the marginal heading “Love and man coexistent” in *Science and Health with Key to the Scriptures*, Mrs. Eddy affirms: “The depth, breadth, height, might, majesty, and glory of infinite Love fill all space. That is enough!” (p. 520).

We discovered that Lynn House’s mission statement describes the heart of stewardship in unity:

“We join together to cherish and support the practice of Christian Science with its expectancy of quick and whole healing by providing spiritually-based nursing care that is in accordance with the *Manual of The Mother Church* by Mary Baker Eddy.”

Spiritually understood, God is the Giver and truly owns all—so our stewardship is to God. Anyone who treasures Christ-healing and Christian Science nursing, and acts in concert with the mission of Christian Science, will realize the great benefits of embracing Lynn House’s collective mission along with their own individual mission. We all have God-assigned stewardship. Each one has a God-given ability to respond affirmatively to the comforting, cleansing, nurturing, restoring, sustaining, healing presence and touch of the Christ. We grow in our expression of God’s perfect love and

care through practicing Christian Science and supporting others’ right and ability to practice the healing Christ, Truth. This includes defending, establishing and maintaining an environment conducive to Christ-healing.

Here at Lynn House, we are truly grateful for each one serving God toward these achievements—whether Christian Science

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throughout its
creation.*

practitioners and teachers, Christian Science nurses, Lynn House’s governing board, corporate members, and other volunteers; administrative and business staff; and maintenance, food service, housekeeping and activities staff. Thank you to all, and especially to each Christian Scientist who contributes metaphysically and with charitable financial gifts. Each one giving through trust in and supremely loving Spirit sees unlimited results and hears the Father’s benediction, “Well done, thou good and faithful servant:

thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord” (Matt 25:21).

As we concluded one of our recent conversations, Hollis wanted to be sure these thoughts were shared with you, too: “Even before I began the work of representing myself as a Christian Science nurse, both my branch church in Virginia Beach and Lynn House embraced me in that calling and have been supportive of me in every way they could. I treasure that support! It’s been indispensable, and I love the preparation that I’ve had in my church work and working here at Lynn House. It continues to foster my spiritual growth and stewardship capabilities, so I can increasingly prove to be a worthy steward of a glorious trust. My gratitude to Lynn House and its supporters is huge! Your expression of God’s sustaining love is a huge help to each of us engaged in Christian Science nursing. Thank you!!”

Currently, Christian Scientists throughout the movement are earnestly working together to see and demonstrate more of sustaining infinite Love. Spiritual impulsion brought forth Mrs. Eddy’s *Manual of The Mother Church* (including each of its By-laws) and operates to defend Truth’s revelation in our lives and collective mission. As consciousness is spiritualized along these lines, our treasures are being laid up in heaven as Christ Jesus admonished us, even as their replenishing expression is evidenced on earth.

This is true for the whole of our Church, and in particular for two

GLORIOUS TRUST

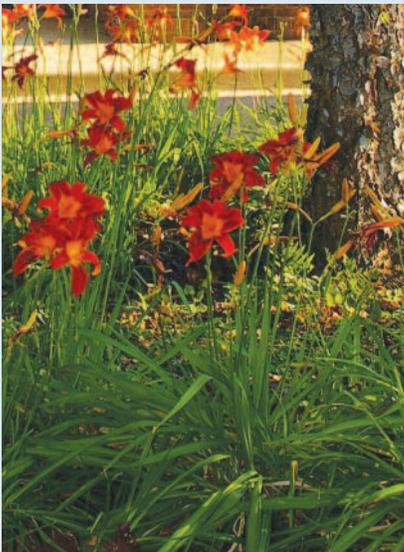
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benevolent legacies established by our Church's Founder—the spiritually revolutionary ideas of Christian Science nursing (with facilities, individuals, trusts and foundations that support this ministry and Christian Science healing) and *The Christian Science Monitor*, including its effective operation and global mission.

In support of these vitally needed efforts, Lynn House invites you to join in working to more deeply understand and demonstrate just what it means for us as Christian Scientists to be stewards of a glorious trust—to be effective steward metaphysicians in the light and Science of Love.

Cassie Coston

Director of Field
Communications and
Development © 2014



WORKING TOGETHER FOR GOOD

Last year when I was working at a Christian Science Reading Room, I slipped and as I fell, hit the back of my head on the edge of the desk. I started praying immediately. But since there seemed to be a lot of bleeding, I called a Christian Science practitioner for help through prayer. The bleeding stopped almost immediately. She suggested that I call for assistance from the visiting Christian Science nurse at Lynn House, which I did.



Since my clothing and hair were a mess and I was in a public place, I called a friend who said she could take over for me in the Reading Room. My replacement and the Christian Science nurse from Lynn House arrived about the same time. Since taxicabs are my normal transportation, the visiting Christian Science nurse and I agreed that it would be best for her to take me home. Even though the bleeding had stopped, my appearance would have been alarming to a taxi driver. So I was grateful for this practical solution of the visiting Christian Science nurse taking me home. Since I couldn't see the wound, it was very comforting when she reassured me that "all is well" as she cared for the wound. I felt very stable and at peace. We rejoiced in the completeness of God's care.

Since I had not had lunch and was very hungry at this point, we went through a "drive thru" on the way home – all of my needs were being met. When I arrived home, my grown daughter who is not a Christian Scientist was there. I feel that it was important that she saw that I was being taken care of properly. Since I felt very stable, I was able to take a shower on my own. The Christian Science nurse lovingly instructed me on the best way to cleanse my hair. After the shower, she skillfully bandaged the area.

She offered to return to my home in a few days and change the bandage if needed. However, since I was already going to be at Lynn House as a volunteer to read the weekly Bible Lesson to patients, it was convenient to have the bandage changed in Lynn House's Outpatient Room. In a few days, there was no need for the bandage.

I am very grateful for the immediacy of God's healing presence as witnessed by myself, the Christian Science practitioner, and a Christian Science nurse from Lynn House. This healing certainly illustrates to me the inspiration as well as the practicality of Christian Science nursing.

Mary Carol W. Mason

A THANK YOU TO FOOD SERVICE



Gloria Spottswood, Greg Cain, Jonathan Ladson, and Jerrod Price (left to right)

When Gloria Spottswood responded to God's call to come to Lynn House as Food Service Manager four plus years ago, she already was a highly and widely experienced food industry manager and food safety trainer. She loves sharing her professional talents and responding to Lynn House's food service needs knowledgeably, resourcefully and economically. She is deeply appreciated for providing a wonderful variety of cuisines and tasty meals for Lynn House guests, staff and volunteers. Gloria is also known for running a "zero violations kitchen," perfectly conforming to FDA requirements and Alexandria Health Department inspections. She challenges and tests her staff, promotes their professional development, and encourages them to constantly improve their food service skills. This whole department loves God and loves serving with wisdom, integrity and loving kindness. No wonder the food tastes so good! Thank you, Gloria, Jerrod, Jon, Greg and Lucy!



Lucy Bishop serves in Food Service and Housekeeping

GRATITUDE

“I am so grateful for the visiting Christian Science nurse's loving and resolute shepherding during a very long drive [home from Lynn House] and her constant cheerfulness and encouragement. A perfect example of what Mrs. Eddy must have had in mind when she described what a C.S. nurse should be and a wonderful demonstration of endurance as well!

Thank you all for making it possible for me to have my healing in your spiritualized atmosphere and for the loving care and nurturing of your wonderful C.S. nurses!

I also really appreciated all the good food! ”

– former patient



“Thank you for the loving care that was provided to me. It was instrumental in my speedy recovery and healing! ”

– former Outpatient

FOR THOSE WISHING TO contribute to Lynn House of Potomac Valley, Inc. through United Way, our codes are:

69892 for the Combined Federal Campaign



8495 for the United Way of the National Capital Area Campaign.



“DISCOVERING THE COMFORTER WITHIN” WORKSHOP

Christian Science practitioner Brenda Evers, along with fellow members of the Christian Science Society in Columbia, MD, participated in a “Discovering the Comforter Within” workshop offered by Lynn House after one of their Sunday services. Brenda gave us permission to share excerpts from her letter to us, including evaluation comments that are of general interest. They show the support Christian Science nursing can be in strengthening the healing practice of a branch church membership.



Cassie Coston, Loreen Hartman, Tami Hill preparing for the next workshop.

How have you found this workshop helpful?

Besides the practical tips on helping those with mobility problems, I appreciated very much having the foundation and mission of Christian Science nursing explained more fully. Thanks for clarification of the *Church Manual* provision for the Christian Science nurse. As members we can all benefit from witnessing to this standard being lived and expressing it ourselves. I also appreciated the insight, shared one-on-one with me, that our prayerful engagement with The Christian Science Monitor can be one way of nursing the world. Now I strive more to express true nursing qualities (cheerful, orderly, punctual, patient, full of faith) and when I do, am aware of the value of such nursing!

What would you like to have additional information about?

You pointed out that any Christian Scientist should feel free to call Lynn House or any Christian Science nursing facility to ask questions—

especially I am thinking of questions regarding whether a C.S. nurse would be helpful for a given situation. I don't think we realize in what a broad range of circumstances a C.S. nurse would be helpful. This was a real eye opener for me, when I realized it a few years ago, and I would love to have this more broadly known in our churches.

... It's uplifting to thought when a patient's needs are met by a loving C.S. nurse as a practitioner prays for the patient.

What was your favorite part of the workshop?

I liked it all and found the handouts full of useful information, but I was particularly touched by the examples of healing you folks described in an impersonal way.... And finding out how far you are willing to travel to help! What a comfort!

As our workshop came to a close, I was led to share our Leader's words,

"I saw before me the awful conflict, the Red Sea and the wilderness; but I pressed on through faith in God, trusting Truth, the strong deliverer, to guide me into the land of Christian Science, where fetters fall and the rights of man are fully known and acknowledged" (*Science and Health*, p. 226).

I pointed out that we can tend to stop at the semi-colon, seeing only the hard experience. But what I meant to say, and didn't, was that calling a Christian Science nurse (and practitioner) can be part of our "pressing on" "into the land of Christian Science" as expressed in that quote. We, as Christian Scientists, don't have to go it alone. We benefit ourselves and our Cause as we have spiritually-based help!

Love,
Brenda

MEETING GOD'S REQUIREMENT EXPECTING HEALING ALWAYS

Kathy Marquis experienced firsthand the freedom and joy of a complete healing of a serious horseback riding accident within a week, with the support of Christian Science nurses at Lynn House years ago. She really began to value the love and support for prayerfully turning wholeheartedly to Spirit that Christian Science nursing brings to a patient. Kathy then desired to serve in the healing ministry herself. She took early retirement from the public school system to devote herself to training to serve in Christian Science nursing. Her journey brought her back to serving on the C.S. nursing staff of Lynn House and recently she began serving as First Reader in her branch church in Annapolis. Kathy loves and cherishes prayerful study and living of Christian metaphysics. She brings a strong focus of the Christian Science practice to all that she does for the Cause. Because she knows that God sets the pace, it's instructive to see the kind, firm and loving touch she extends with the care provided to individuals in our assisted living program.

The Residences at Lynn House has had state requirements legally accommodated to meet the standards of Christian Science, and has earned a violation-free service record with the state agencies inspecting it as a religious non-medical assisted living facility. Behind all this is the Christly model of Christian Science nursing and healing. Kathy shared some of the standards she upholds, working to demonstrate God's love in her ministry and interactions with staff, guests and residents. She said, "I encourage the residents to see what God sees and expects, and to realize what His requirement is—freedom, dominion and progression. I know there is no resistance to that because it's all at the impulse of God's love, not what I personally expect or want to see. It's all about demonstrating divine Principle, Love, and seeing that our activities truly rest upon and proceed from God. It's living Church."

INTRODUCTION TO CHRISTIAN SCIENCE NURSING

Consider attending our class in June—just call
for the time that's convenient for you.

We're flexible in our scheduling in June or this summer. The next class after that begins November 3, 2014.

Students go on our payroll from the beginning of the initial two-week classroom training.

Classroom instruction may be followed by paid on-the-job training for eight weeks under the guidance and supervision of a *Journal*-listed Christian Science nurse.

Questions? Check out our website www.lynnhouse.org for more information and an application. To learn more, even if you are only interested in taking the two-week classroom portion of the course, please call: **Mary Ladson, Director of Christian Science Nursing at (703) 379-6000 or (800) 283-4325.**



LYNN HOUSE CHRISTIAN SCIENCE NURSING & VISITING C.S. NURSE SERVICE

*You are welcome to call
24 hours a day, seven days a week.*

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NEWSLETTER CREDITS

Cassie Coston
Editor

Cassie Coston, Lynne Darnell
and Jon Hill
Photography

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4400 West Braddock Road, Alexandria, Virginia 22304-1010 • phone (703) 379-6000 • (800) 283-4325
fax (703) 671-8897 • mail@lynnhouse.org • www.lynnhouse.org

A Christian Science nursing facility supporting Christian Science healing and accredited by
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