

LYNN HOUSE Letter

A Haven for Healing Rest & Renewal

While His truth we are applying, and upon His love relying
God is every need supplying

(Hymn 350 from the C.S. Hymnal)

Providing Christian Science nursing is a joy, as every day we see evidence of the power of God in the lives of those relying on Him for healing. Our mission is “to cherish and support the practice of Christian Science with its expectancy of quick and whole healing.” Whatever the need—be it for urgent care or for a sanctuary for prayerful renewal—we are here to offer support.

After experiencing a lovely healing, one patient recently commented, “I’ve always been so grateful for the peace that I find at Lynn House – not only the quiet, but the peace. Over the years, whenever I have visited a family member or a friend there, I have loved that sense of peace. So when I was having a physical difficulty recently, I felt that it would be helpful to be in that supportive atmosphere, away from the cares of home. As I look back on this healing, I just want to express my gratitude for that peaceful shelter provided by Lynn House, where I had the opportunity for uninterrupted metaphysical study, along with the loving and practical care of the C.S. nurses.”



The Lynn House courtyard in the serenity of a winter morning.

Lynn House offers a range of services to the Christian Science community. Within the facility, we provide various levels of **Christian Science nursing care**, including out-patient care. Our Visiting Christian Science Nurse Service is available to provide help in the home for a variety of needs, from cleansing and bandaging to assistance with baths. If you would

like some quiet time for spiritual renewal, please consider coming to Lynn House for **Rest & Study**. Another program we offer is respite care, which gives a caregiver time off while the loved one comes to Lynn House for a temporary stay.

Whatever the need, please do not hesitate to call. We are available 24 hours per day, 7 days per week. ■

Do you have one free morning a month? If so, please consider coming to Lynn House to read the Bible Lesson to our residents and patients. We have a service each weekday at 11:00 am, and we are in need of additional volunteers to read. If you might be able to help, please contact our Administrative Coordinator, Nancy Fulton.

Also, do you have a talent or interest that you would enjoy sharing? It is always a wonderful treat for our residents and patients to have musical performances, slide shows, and other presentations from outside guests. If you would like to volunteer, please contact our Activities Coordinator, Amy Adams. ■

IN APPRECIATION



Carolyn Hill thanking Linda Bunce (right) for her many years of service to Lynn House. Though she is stepping down as full-time Director of Outreach and Development to pursue other activities, Linda will always be part of the Lynn House family.

Testimony from a Patient

Earlier this year, I fell on the floor in the middle of the night and found myself unable to get up or move. I live alone, but a neighbor and a man in charge of maintaining our building came to my rescue. They called 911 and I was taken to the hospital, where I remained for five days. During that time, Lynn House Visiting Christian Science nurses came four times at my request to read the Bible Lesson and share healing truths with me. I can't begin to say how comforting and uplifting their visits were. It was wonderful to feel the healing atmosphere they brought with them.

On the fifth day, I went to Lynn House, where I immediately felt the strong spiritual support of the Christian Science nurses who helped me during my joyful recovery. It was a time of spiritual growth and learning to listen for God's guidance. I needed to let go of human will and to trust my well-being to God.

Lynn House felt like a holy place. I was blessed by the spiritually scientific thought of the nurses surrounding me. Their tender, loving care was evident in everything they did. My heart remains filled with gratitude. I will always remember the Christian Science nurse who came into my room at night to sing a hymn before I went to sleep. On several occasions, another nurse came and played his flute.

I cherished the beautiful view outside my window, and as I watched the transformation from winter to spring, it reinforced for me this truth: "man's harmony is no more

to be invaded than the rhythm of the universe." (*Retrospection and Introspection*, 61: 10-11) I also loved the audio system, which enabled me to hear hymns or the reading of *Science and Health* any time day or night. One hymn that became especially meaningful to me included these words: "If we live a life of prayer, God is present everywhere." (Hymn 341)

During my stay at Lynn House, my family decided it was time for me to move to a more convenient location, one that would be closer to my activities. I knew I must trust God wholeheartedly and be willing to do what He wanted me to do. One day, my son told me that he had found a new place for me. It was a perfect location, but it was an efficiency. Though in the past the thought of moving to such small quarters might have been hard to accept, I now felt fine with the idea, as I was learning to let go of human will and to trust. Several days later, my son announced that the new apartment was in fact a one-bedroom penthouse. I was thrilled.

When I left Lynn House, I needed a walker, which the staff made available to me. But I soon found that I was able to walk on my own. A long-time friend helped me prepare for my move and together we got rid of 70 years of accumulation. I am now in my new home and loving it. How grateful I am to God for his healing presence and omnipotent care and how grateful I am to Lynn House and Christian Science nursing for being there for me when I needed them. ■

The Residences



Residents and staff enjoying holiday activities together.

The Residences, our assisted living wing, provides an active home to six residents. We currently have one opening. If you or a loved one is considering setting aside the encumbrances of caring for a household and would like to join this vibrant community, please contact our Director of Residential Services, Lynne Darnell. (For those eligible for the Aid & Attendance Pension provided to veterans, please note that coverage for assisted living is now being included.) ■

Introduction to Christian Science Nursing Class



Three times each year, Lynn House offers a special course for those considering the ministry of Christian Science nursing, based on the By-law provision for the Christian Science Nurse in the *Manual of the Mother Church*. Following two weeks of classroom instruction, students have eight weeks of training on

our C.S. nursing floor. Though some students take the course to learn basic skills in assisting those in need, others decide to continue on for more advanced training. Pictured above are three of our latest students – Marnie Moats, Joy King, and Allison Jones – who have recently joined the Lynn House staff. If you might be interested in attending our next Introduction to C.S. Nursing class, please contact Mary Ladson, our Director of Christian Science Nursing. ■

SAVE THE DATE

SATURDAY,
MARCH 2, 2013

Lynn House will host a talk by Mark Sappenfield staff writer for the *C.S. Monitor*

This talk will be repeated on Sunday, March 3rd at Second Church of Christ, Scientist, Richmond, VA.

These talks will be sponsored by The Dominion Foundation established to support Christian Science Nursing in the home. www.dominionfoundation.net

KEEPING IN TOUCH



Do you have an email address you would like to share with us? Although we plan to continue with our mailings, we hope to communicate more by email in the future. To add your name to our email distribution list, please send your address to mail@lynnhouseorg.

(Your contact information will not be shared with others.)



\$100,000 Matching Challenge

In order to keep Lynn House's services available to all those in need, we do not charge the true cost, but each year we depend on donations from the field to make up the difference. We are currently in the midst of our main fundraiser, our year-end Matching Challenge, when each donation we receive is matched dollar-for-dollar by our Challenge sponsors. Through the generosity of these sponsors (which include two foundations, a church, and special friends), this year's challenge is for \$100,000, meaning that the total amount raised would be \$200,000. If you have not already contributed, we ask you to please

consider giving to Lynn House in this way. Financial support from our field is vital to ensure Christian Science nursing remains available in our community, and we are deeply appreciative of each gift.

For those wishing to contribute to Lynn House through United Way, our codes are **69892 for the Combined Federal Campaign and 8495 for the United Way of the National Capital Area Campaign.**



LYNN HOUSE CHRISTIAN SCIENCE NURSING & VISITING C.S. NURSE SERVICE

You are welcome to call
24 hours a day, seven days a week.

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Rest and Study Special

Our Current Special

Two Nights for the Price of One

(\$50 per night, including meals, for up to four nights)

Runs through Sunday, January 13th

Please call 703-379-6000 or
800-283-4325 for reservations.

Also, remember that Rest & Study gift certificates are available as a way to honor family members or friends.

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