

LYNN HOUSE Letter

A Haven for Healing Rest & Renewal

The Ever-present Healing Christ

In thinking back over the past 12 months, we are grateful for the many proofs of God's tender care and healing touch. Traditionally at this time of year, the world celebrates the birth of Christ Jesus, but Mrs. Eddy's statement in *Science and Health with Key to the Scriptures* reminds us that "...the Christ is without beginning of years or end of days." It is present every day of the year. We see signs of the Christ, Truth expressed in our lives moment by moment, and we know that this Christly presence heals, that it brings comfort and peace, regenerates and restores.

In this year-end newsletter we are pleased to share three experiences

that show in different ways how Lynn House fulfills its commitment as a haven for healing, how its services reach out and make a difference, and how the presence of the healing Christ is available to all who are in need. We hope you will see that there is no situation—no matter how small or how large and daunting—that should ever prevent you from picking up the phone and calling us. Christian Science nursing is an expression of this healing Christ.

The first testimony is from someone who came to Lynn House for Outpatient care and later drew upon the resources of our Visiting Christian Science Nurse Service.

While working outdoors early one morning this summer, I had an accident that resulted in a large cut to the top of my head. Recovering from the initial shock, I immediately turned to the Truth and prayed for the right next steps to take. It occurred to me that this was a situation where most people would find themselves in an emergency room getting stitches. It seemed wise to clean the area around the wound and to stem the loss of blood. A practitioner was engaged for help, and my wife drove me to Lynn House, a considerable distance from where we live.

The Christian Science nurse on

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The autumn-colored west lawn at Lynn House.

The Ever-present Healing Christ

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2010 Christian Science nursing students. Clockwise from top left: Nina Cannaday-Davis, Brad McCall, Kathy Marquis, and Holly Tiger Wines

Three of the four students, Nina, Brad, and Holly, have just completed two weeks of classroom training which is part of the Introduction to Christian Science Nursing course.

They now begin eight weeks of on-the-job training. Kathy completed the Introductory class last June and looks forward to the next step in her training. Our gratitude goes out to these students who bring their love and inspiration to Lynn House. ■

Save the Date

Saturday, April 9, 2011

Walter C. Rodgers, former international correspondent and broadcast journalist and a frequent writer for the Christian Science periodicals, will give an inspirational talk at Lynn House on the topic "Love the Books."

duty quickly and efficiently assessed the need and began to clean the area and prepare it for bandaging. The atmosphere was loving and the Christian Science nurse confident and professional. Being able to listen to the Bible Lesson provided spiritual inspiration. Another *Journal*-listed Christian Science nurse arrived and helped to complete the care that was being given.

Lynn House offered to make home-care visits when the bandage needed to be changed. Several visits followed and within a short time the bandage was no longer needed. The healing was complete. The Christian Science nurse who came to my home expressed insight and flexibility and was always willing to adapt her schedule to mine since I work from home.

What a blessing to have a place as supportive as Lynn House where I was received without question, where the assessment was done without fear about the circumstance or doubt as to the outcome, where the care was applied with confident professionalism, all in an atmosphere of love and spiritual support. And beyond that – I found that the qualities I had felt expressed while at Lynn House were present when the care was given in my home. The following hymn expresses my thoughts.

*O longing hearts that wait on God
Through all the world so wide;
He knows the angels that you need,
And sends them to your side,
To comfort, guard and guide.*

Christian Science Hymnal

Grateful for Immediate Assistance

The following note arrived from someone whose family called Lynn House at a time of need.

Dear Friends,
And you certainly were a friend to me when my daughter recently called to find out the best way to help lift me off the floor when I had fallen and couldn't seem to find a way to lift myself. Your response was so kind and clear, and I was quickly off the floor and sitting comfortably in a chair. Thank you so much for the loving way you helped me.

A Refuge from the Storm

While working with a group toward an imminent deadline, I found myself becoming overwhelmed by a sense of tension and frustration among the members. By the time there was a break, I felt as though the weight of the world was on my shoulders, and I needed relief. Going home was not an option, and the thought came to me to go to Lynn House instead.

When I arrived twenty minutes later, I felt as though I was entering a sanctuary of peace. I was welcomed like a friend. The Director of Christian Science Nursing greeted me warmly. When she asked if I were visiting someone, I said, "No—I'm really here because I'd like to use your Library to read the Bible Lesson." Instantly she understood that it was a heartfelt—and not a casual—request.

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Lynn House Volunteers



In November Lynn House held a special luncheon to thank its volunteers, including, from left to right, Fay Fahs, Anne Crowther, Nelson Crowther, and Mary DeSena.

If you have a special interest or talent, we'd love to have you share it with our residents and guests. Over the past year, we've enjoyed a wide range of volunteer programs – from a fascinating presentation on beekeeping to uplifting musical performances. There have been discussions on life in foreign countries, and there have been lively sing-alongs. We are so grateful to those who have provided these enriching activities, and we would love to hear from others who might be able to contribute to Lynn House in this way.

We also dearly appreciate the volunteers who come to read the Bible lesson at 11:00 each morning, and we are looking for others to serve (even just one day a month). It is an activity that truly blesses all. If you might be interested in volunteering, please call Nancy Fulton (703-379-6000). ■

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She led me to the Library and settled me at a desk by the window where I could look out at the garden. Before she left, she closed the library doors to give me further privacy, assuring me I could stay as long as I liked. I went from being a drop-in visitor to being enveloped in a sense of the motherhood of God.

By the time I left an hour later, I had regained my spiritual poise and felt like myself again. I got

insights from the Lesson that I had missed all week, but the main effect of my afternoon visit wasn't literary—it was the love that I felt from the moment I stepped into Lynn House.

I'm grateful to Lynn House for being there, a steady beacon of love to all who need a sanctuary, as I did that afternoon. Thanks, too, to the nurses and staff, whose living practice of the Christ-Love blesses those who come to them for restoration of all kinds. It is truly a place where healing happens. ■

A Valuable Resource

The Lynn House Visiting Christian Science Nurse Service

A team of experienced *Journal*-listed Christian Science nurses is ever ready to respond to calls for care in the home. Whether the need is for immediate assistance or perhaps involves visits over a period of time, this team is available day or night and in all kinds of weather. Visiting Christian Science nurses take meals into the home locally, work with family members so they can better care for their loved ones, and interact with neighbors, social workers, and other community officials.

They also help with baths, mobility challenges, and bandaging. Never hesitate to call. This resource is here for you. ■



\$75,000 Matching Challenge Underway

Warmest thanks to all who have responded to the 2010 Matching Challenge. As the newsletter goes to the printer, we are pleased to report that contributions total approximately \$24,000. The Challenge continues until December 31st. If you would like to contribute online, please visit the Lynn House website, www.lynnhouse.org and click on Giving. Thank you from all of us for your wonderful support of Lynn House and Christian Science nursing in 2010.

If you contribute through the Combined Federal Campaign or the United Way, remember that Lynn House is a designated beneficiary. For CFC contributors the number is 69892 and for the United Way it's 8495.



LYNN HOUSE CHRISTIAN SCIENCE NURSING & VISITING NURSE SERVICE

You are welcome to call
24 hours a day,
seven days a week.

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Rest and Study Special

2 Nights for the Price of One

\$50 per night including meals for up to four nights

January 1st through February 15th

We encourage you to take advantage of this special offer. Come and enjoy in-depth study and reflection in an atmosphere supportive of healing. A comfortable room and three tasty meals a day await you.

Rest and Study guests often choose to use their time here exclusively for quiet prayer and study, but they are always welcome to participate in scheduled activities. These might include a hymn sing, a discussion of Bible literature or Monitor news stories, or even a slide show.

Remember Rest and Study gift certificates when looking for ways to honor family and friends on special occasions.

**Please call 703-379-6000 or
800-283-4325 for reservations.**

This offer does not apply to Rest and Study Plus.

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