

# LYNN HOUSE Letter

*A Haven for Spiritual Healing, Rest & Renewal*

## KNOWING THE COMFORTER WITHIN

It's not surprising that Christian Science nurses and other Christian Scientists working or volunteering at Lynn House are committed to serving God through spiritual growth and the understanding that follows the teachings and example of Christ Jesus and the Comforter he promised. Individuals actually doing this find themselves progressively empowered by Christ, Truth, to overcome and destroy beliefs of disease and even death when they threaten.

So what are some implications of this for people who call on the ministering love of experienced Christian Scientists for assistance while relying on God for healing and care? Couldn't they confidently anticipate feeling and knowing more of the eternal nature of Life and Love? Wouldn't it cause them to expect and experience healing in the midst of what seems like a tough challenge?

You see, the Comforter, the Science of Christianity, brings to our remembrance the spiritual meaning and authority of Christ Jesus' teachings, which give us healing precedents for not accepting death as a reality or as having the final word. Jesus himself declared: "Verily, verily, I say unto you, If a man keep my saying, he shall never see death" (see John 8:51). He also exhorted his followers



to: "Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give" (Matt. 10:8). Jesus did raise the dead and, as the Way-shower, set the example for all. Jesus expected his followers to challenge the validity of disease and death and to overcome them.

Mary Baker Eddy ardently practiced Jesus' teachings and expected Christian Scientists to emulate our Master and take a stand for eternal Life. She wrote "Thousands of instances could be cited of health restored by changing the patient's thoughts regarding death" (*Science*

*and Health with Key to the Scriptures*, p. 79:5). A Christian Science practitioner commented recently that much healing takes place when a patient loses his or her fascination with or fear of death. Then the patient is free to focus on Life, health, without limits. This practitioner said that "Lynn House aides in providing a mental atmosphere where Christ's emphasis on eternal life is felt and therefore the Comforter is present and acknowledged, inspiring and healing. That's why I encourage patients to come to Lynn House when there's a need. This atmosphere is so conducive to the healing thought process. It's the Comforter comforting!"

What else can you know about Christian Science nursing and a well-equipped Christian Science nursing facility such as Lynn House that will help you, your family and the whole Christian Science community be receptive to Truth and Love, and so help to destroy the fear of death and begin progressively overcoming belief in it?

### ***Celebrating and Honoring Life***

Essentially, conscious of the presence of Life we say no to death, and in the face of death we say yes to Life

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## DISCOVERING THE COMFORTER WITHIN:

*providing practical wisdom and proper care in the Christian Science Community*

Director of Visiting Christian Science Nurse Service, Loreen (Lori) Hartman, and other members of the Lynn House team are offering to hold a free workshop in your branch church, for churches in your area, or at Lynn House.

The workshop will explore the following topics, provide hands-on training, and answer questions on:

- The spiritual basis of the *Church Manual By-Law* for the Christian Science nurse and how to call on this provision to support healing
- How and when to offer assistance to a fellow church member and what to do if someone seems to need assistance at church
- Caring for family members; helping another with meals, grocery shopping or safely providing assistance with mobility
- How and when to call a Christian Science nurse

If you and your fellow Church members are interested in hosting or attending the workshop, please contact Lori Hartman at Lynn House of Potomac Valley, Inc. 4400 West Braddock Road, Alexandria VA 22304

Call: 703-379-6000 or  
Email: [Lori@lynnhouse.org](mailto:Lori@lynnhouse.org)

## KNOWING THE COMFORTER WITHIN

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—to God as the real and eternal Life, in whom we live and move and have our everlasting being! Christian Science nurses cherish and bear witness to reality, to life in and of Spirit, God, as proper care is given humanly. It is the Comforter, divine Science, and practicing its rules of health, harmony and immortality that enable everyone involved to progressively overcome the fear, claims and belief of death and pain.

Members of The Mother Church who prepare to represent themselves as Christian Science nurses, find their whole ministry embraced in the *Church Manual By-Law* for the Christian Science nurse which is the standard envisioned by Mary Baker Eddy (See p. 49). Empowered and prepared, they bear witness to the Christ as ever-present and supreme in the case. Christ, Truth actively destroys images and claims of death and dying. Then it's natural for complete spiritual healing to happen.

With this approach you can see why there's no such thing as a Christian Science hospice, or a need for one, in the genuine practice of Christian Science. Our Director of Christian Science nursing has been known to tell a family anticipating a loved-one's death upon admission: "No. We're planning on a wonderful healing." Knowing that Christian Science nurses are prepared to spiritually respond to this kind of need, our Director works to admit patients to Lynn House on God's terms, in ways that support healing immediately and each step along the way. Through following the Christ-model of Christian Science treatment and compassionate care we can begin to



Cassie Coston, Director, Field Communications & Development working with Carolyn E. Hill, Executive Director (right)

gain the victory over the belief in death.

The Comforter within consciousness and experience enables each of us to uphold the standard of healing and care that benefits all. You can accomplish great good and be of tremendous support to the ministry of Christian Science nursing at Lynn House when you recognize that the courageous practice of Christian Science substantially helps individuals to face down the claims of death and to spiritually work out their salvation. It's one of the best ways humanity learns that the promised Comforter is here!

### *Perfectly Healed*

When a guest leaves Lynn House perfectly healed, it's natural for all who contributed to this victory to glorify and thank God! The Christian Science practitioner, Christian Science nurses, family and church members all are uplifted. These are wonderful lessons learned from Christian Science nursing, from reflecting the comfort, peace and love that is the presence of the divine Comforter. We know that sharing a few of them here will help you, too, to strengthen your healing practice and ability to minister to humanity. ■

## STEPS OF PROGRESS AND HEALING

My husband called me to say that he found his mother on the floor of her apartment. She had tripped over a chair and been on the floor for over 12 hours, unable to reach the phone to call for help or get up on her own. I went over right away to help. We got her off the floor, settled her in a chair and called the Christian Science practitioner for prayerful support.

It was apparent to both my husband and me that my mother-in-law needed more assistance than we could give her in the apartment setting. After talking with her about it, we contacted Lynn House to see if she could be admitted. The Director of Christian Science Nursing was pleased to hear that my mother-in-law wanted to come to Lynn House and, most of all, she wanted to be healed! The Director reassured us that we had been giving proper care and told us that after conferring with the Admissions Committee she would call us. We promptly learned that we could bring my mother-in-law in to Lynn House that day.



When we pulled up to Lynn House's side entrance, we were warmly welcomed. Two Christian Science nurses helped us bring my mother-in-law to her room.

My mother-in-law later told us that she needed quite a bit of assistance from the Christian Science nurses. She was dealing with an issue of pain and she didn't hesitate to ask the Christian Science nurses to comfort her or to share spiritual inspiration with her. At one point, she felt unable to breathe and requested a Christian Science nurse to read to her. The Christian Science nurse did so and within a short time, her breathing was natural.

She quickly progressed under the tender care of the Christian Science nurses. She called us one morning to joyously share the news that she had progressed to having help with one nurse and that she had gotten out of bed on her own.

During this time, every effort was made to support my mother-in-law with the idea that she certainly could progress. We all realized with her that progress is a spiritual law and it was that law which governed her.

We talked through my mother-in-law's current home situation with the Director of Christian Science nursing. A new living opportunity opened up while she was at Lynn House, and with our family's support, my mother-in-law moved to the new setting.

As a family, we are deeply grateful for all that Lynn House does. When our family had a need, Lynn House was there to help us. ■

**FOR THOSE WISHING TO**  
contribute to Lynn House of  
Potomac Valley, Inc. through  
United Way, our codes are:

**69892 for the Combined  
Federal Campaign**

**8495 for the United Way of  
the National Capital Area  
Campaign.**



## NOTE OF GRATITUDE

Dear Lynn House,

*One Corporate Member wrote to us as she began a planned move to the mid-west:*

"This note of gratitude is long overdue. Several years ago I had the pleasure of staying at Lynn House for a few days of Rest and Study, as I journeyed through a "wilderness" experience in my life. The "unspeakable peace" that I felt there was comforting, calming, and reassuring.

As I have had the privilege of serving as a Corporate Member, my love and appreciation for Lynn House has multiplied! With each meeting, which always includes such inspiring fruitage, speakers, and conversations, my gratitude overflows for all the blessings that you bring to individuals, our community, and the world ... Lynn House will forever have a place in my heart!" ■

## GIVING THANKS FOR CORPORATE MEMBERS!

Three times a year we hold Corporate Member business meetings when Lynn House reports on its progress, budget, financial needs, healing fruitage and insights into the benefits of Christian Science nursing.

In turn, Corporate Members prayerfully support and communicate ideas to help see that Lynn House's needs are met—with their local branch church memberships and people in their sphere. Each of you has our wholehearted thanks for the love and service you provide to the Christian Science movement in our field!

Corporate Members help in a wide variety of ways, including facilitating inspirational and informational workshops and conversational meetings with churches or groups of members and attendees in our field. In addition to providing a service, these meetings can help inspire the giving that is needed to close the gap between operating income and the costs of operating Lynn House—approximately \$1 million—each year. Good stewardship helps keep this amount modest. It is only with strong support that we accomplish all the good we do. With more support we can do more to meet necessary capital needs. ■



### **LYNN HOUSE CHRISTIAN SCIENCE NURSING & VISITING C.S. NURSE SERVICE**

*You are welcome to call  
24 hours a day, seven days a week.*

#### **2013 EXECUTIVE BOARD**

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#### **NEWSLETTER CREDITS**

Carolyn Hill & Cassie Coston  
*Editors*

Lynne Darnell  
*Photography*

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## GIVING THANKS FOR LYNN HOUSE!

**Important ways to give include:** outright donations in response to newsletters, talks and our annual matching challenge, contributions through the Combined Federal Campaign and United Way, and planned giving in the form of legacies through estate plans. For the last ten years on average nearly half of the gap of \$1 million has been supplied through love-inspired bequests. All forms of current and planned giving are vital—whether from monthly sustainers, matching challenge sponsors or responders, churches, associations or foundations.

Strong support is needed now and through the remainder of this year. If you have questions about the best way for you to give, we'd be happy to help you see how your contribution can be most significant and mutually beneficial. 2013 provides excellent opportunities for tax-exempt giving through mandatory IRS distributions for those over 70-and-a-half years.

**Let us know of your questions and giving ideas.**

**Please contact Cassie Coston at  
703-379-6000 or [cassie@lynnhouse.org](mailto:cassie@lynnhouse.org)**

4400 West Braddock Road, Alexandria, Virginia 22304-1010 • phone (703) 379-6000 • (800) 283-4325  
fax (703) 671-8897 • [mail@lynnhouse.org](mailto:mail@lynnhouse.org) • [www.lynnhouse.org](http://www.lynnhouse.org)

A Christian Science nursing facility supporting Christian Science healing and accredited by

## Complete Healing Enriches Ministry

I have been blessed with the privilege of being a *Journal-listed* Christian Science nurse over several decades. From the very start I loved my ministry. But after ten years of faithful work, at times caring for others as a Christian Science nurse seemed heavy and burdensome, and I became ill. I called on a *Journal-listed* Christian Science practitioner whose dedicated prayers blended with my own prayers; I had a complete healing. After this healing I realized “Why there is no disease!” With this realization my Christian Science nursing continued to reflect proficient and accurate nursing skills but with



a new focus: seeing God at work in every aspect of healing and caring. After I more fully gleaned the Christ-presence during my healing, the former feeling of heaviness and burden that came with a personal sense of caring gave way to a deeper trust that God is always caring for man. The result was a more effortless Christian Science practice that strengthened and transformed my Christian Science nursing, broadening and developing it in a wide variety of ways—from visiting Christian Science nursing, to working in a Christian Science nursing facility and private duty. Sometimes I was doing all three in one week!

My ministry for over two decades, since this healing, has resulted in a progressive ability to see God at work in every case. It's not my job to prayerfully work for the patient, that's the

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## Complete Healing Enriches Ministry

*(continued from front flap)*

practitioner's job. It is my work to let the Christ lead and heal my thoughts. Then I reflect and bear witness to God's knowing and doing.

Another thing: with this healing it came to me that I needed to dig more deeply into the tenets of Christian Science and the Bylaw for the Christian Science nurse. (See *Manual of The Mother Church*, Mary Baker Eddy, p. 49.) Gaining more of their spiritual sense and application in my work, I found they enlightened my understanding of my mission. No longer was it focused on what I was doing, but it became what I was witnessing of what God was doing. I'm happy to be learning more of this freedom of serving God first, foremost and always. Considering the tenets of Christian Science as they relate to my Christian Science nursing practice is helping me to serve God better.

Fay Joyner

### INTRODUCTION TO CHRISTIAN SCIENCE NURSING

Consider attending our next class beginning

**October 7, 2013**

Students go on the payroll from the beginning of the two-week classroom training.

Classroom instruction may be followed by eight weeks of on-the-job training under the guidance and supervision of a *Journal-listed* Christian Science nurse.

**Questions?** Check out our website [www.lynnhouse.org](http://www.lynnhouse.org) for a flyer and application. For more information, or if you are interested in taking only the two-week classroom portion of the course, please call

**Mary Ladson**  
**Director of Christian Science Nursing**  
**(703) 379-6000 or (800) 283-4325.**