

WORKING TOGETHER

A MESSAGE FROM OUR NEW EXECUTIVE DIRECTOR

I am grateful to be returning to Lynn House after more than a decade—to a place that still has many familiar faces, fond memories, and the same spirit of devotion to the cause of Christian Science nursing that originally drew me here.

The staff is devoted to preserving and practicing the virtues and qualities so essential to the mission of this institution. I feel privileged to once again take my place among such a worthy group of workers.

And, there is no question about it, we are all hard at work—at work to see that things are in good order. To see that the grounds are carefully groomed. That the halls and rooms are clean, tidy, and well appointed. That the food is skillfully prepared, appealing, and beautifully served. That the physical plant is properly maintained. And, most importantly, that the CS nursing staff is spiritually prepared and practically trained to fulfill its ministry of service to God and to our fellow Christian Scientists—to offer Christian Science nursing care of the highest quality to the field we serve.

This makes for a peaceful, friendly,



David B. Sand, Executive Director

and loving atmosphere. An atmosphere conducive to study, prayer, and spiritual progress. An atmosphere where patients and practitioners can work together to accomplish spiritual healing. And where dedicated CS nurses can bring to bear their skills and spiritual sense to support this healing.

Do we have more work to do in realizing the vision of a perfect CS nursing facility? Yes. Do we have miles to go before we realize and demonstrate all that we know to be true? Yes.

But the "footsteps of Truth" that we take to reach the high goal of spiritual healing are steps of progress, and, as our Leader tells us,

"...progress is the law of God, whose law demands of us only what we can certainly fulfil." (*Science and Health with Key to the Scriptures* 233:5)

Or, as the Bible puts it, "...all things work together for good to them that love God, to them who are the called according to his purpose." (Romans 8:28) It is more than reassuring to know that we have the law of God, working for good, in support of all our Christian endeavors. And Lynn House is indeed a Christian endeavor. A Christianly scientific endeavor.

You will hear from us at various times during the year with news of our doings and with appeals for your support. But right now, I'd like to simply thank all of you who care about the work being done here. Your part is indispensable in assuring that the services provided by Lynn House remain viable and available to our field.

We hope you will continue to look on Lynn House as a haven for healing and a spiritual resource upon which to draw when you or your

MESSAGE FROM THE EXECUTIVE DIRECTOR

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loved ones have a need. And we will continue working to be worthy of your trust and support—striving to rise to the standard of spiritual inspiration and unselfed love that constitutes the only true basis upon which to practice Christian Science nursing.

With heartfelt thanks,
David B. Sand
Executive Director

To read David's bio, visit our website at www.LynnHouse.org.

GRATITUDE

GRATITUDE FOR DEDICATED SERVICE

We cherish our Executive Board Members and thank them for their generous service and inspiration!

Drew Van Riper and Kathryn Fish have just completed their full seven-year terms. For Drew, it was his second term! And we welcome new members Pamela Wayne of Rockville, MD and Amy Bordeaux of Wirtz, VA.

A DOZEN BLESSINGS

"To those leaning on the sustaining infinite, today is big with blessings." Mary Baker Eddy opens the Preface of her textbook, *Science and Health with Key to the Scriptures*, with these inspired words. They, too, inspired me in a recent healing I experienced in Christian Science.

After playing 18 holes of golf in the morning, I traveled four hours south in Virginia to my daughter's home to attend a military function for her husband the next day. Late in the evening, I decided to come downstairs and seemed to miss the first step. I found myself quickly at

(5th blessing) while my daughter drove my car back to my home. Lynn House was contacted and was found to have a room available for me (6th blessing).

Once I reached Alexandria, it was agreed that an x-ray should be taken, and I was transported a block away to the hospital. It was decided to have surgery to set the bone in my hip, and I was able to make an appointment for the next morning (7th blessing). I was walking that afternoon and left the hospital two days later when everyone felt confident that progress was being made (8th blessing). Lynn House wel-

The haven Lynn House provided gave me a closet in which to get closer to my Father-Mother God...

the bottom in a stunned state. My daughter, who is a class-taught student of Christian Science, was quickly at my side declaring the truth and supporting me mentally (1st blessing). My son-in-law, who is not a Scientist, quickly called the emergency squad, who came promptly and offered their help. After they took my vital signs (which were normal, 2nd blessing), I told them that I did not want to go to the hospital.

A practitioner was called and found to be at home and willing to help (3rd blessing). We then contacted the nearest Christian Science nurse, who happened to be at her home nearby (4th blessing) and agreed to come over. She was successful in reaching and securing the services of a transport company that agreed to drive me back to Alexandria

came me back (9th blessing) and supported me for the next almost four weeks with inspired metaphysics and loving strong arms. That is when I did my "leaning" —on walkers and canes and arms—expressing God's dominion and power and grace. The Christian Science nurses were attentive and professional in their knowledge of how to handle the situation and I especially was grateful for the night nurses, who were always lovingly responsive. When the Christian Science nurses removed the bandages from the surgery, the healing had taken place perfectly (10th blessing) and I was very grateful for the dedicated work of the practitioner.

At the end of my almost four-week stay, I was able to travel to Boston

BLESSINGS - CONTINUED ON PAGE 4

YOUTH-FULL CORPORATE MEETING – A PHOTO MONTAGE



Lynn House Corporate Members represent 25 churches in our six-state and DC region. They meet three times each year at Lynn House, and for their June meeting they invited Sunday School parents, teachers, and students. Reports and activities were designed to interest all age groups. A guest described it best: “Thank you so much for hosting the fun and Youth-full Corporate Meeting on June 11th. It was really a terrific way to get acquainted with Lynn House, your staff, and services. The student interns were a new facet that I hadn’t encountered before, and I enjoyed meeting and talking with them. Do continue developing all these new ideas.”

The photos and thoughts below capture the friendly spirit of the day.



“Home Away from Home” tour...



Singing...

“My favorite activities were the “home away from home” tour and cheerful volunteering... musical activity...the skit...gardening.”



Visiting Nurse tour...

“I never knew that Lynn House was a multi-purpose facility.”



Gardening..



Crafts...



Play...



Art...

“I had no idea that Lynn House cared for people of all ages and I feel that this should be advertised.”

ENTHUSIASM, SKILLS, AND NEW PERSPECTIVES!

Lynn House was blessed to have four student interns work with us this summer, sharing their skills and personal commitment. Our internship program provided the opportunity for them to put into practice what they had learned in their classes and other job experiences. They helped in several areas, including the activities program, accounting, communications, maintenance, and food service. The Lynn House staff greatly appreciated their talents and fresh perspectives. In their own words, here is what their experience meant to them:



“...I found myself feeling this strong sense of love the second I walked through the door.”



“I don’t know what my future will hold, but I do hope I can be like the employees at Lynn House—always smiling and ready for the new day.”



“...Christian Science facilities can be a place where anyone of any age can come for a time of peace, solidarity, love, and growth.”

BLESSINGS - CONTINUED FROM PAGE 2

to attend my Association—very necessary, as I am the secretary (11th blessing) and went on a long-dreamed of trip to Peru (12th blessing).

As we lean on God, who is all-power, all-presence, and all-action, our true selfhood becomes apparent, and we see that the mortal dream is only a mist trying to hide the God-like man. The haven Lynn House provided gave me a closet in which to get closer to my Father-Mother God and I am very grateful to have this facility in Alexandria.

AOCSN CONFERENCE DINNER



In May 2016 the Association of Organizations for Christian Science Nursing held their annual conference in Alexandria. Lynn House hosted dinner and tours one evening — and enjoyed the company of their colleagues from CS nursing facilities around the world.

HEALING HAVEN FOR ALL AGES

HOW A PSALM AND LYNN HOUSE BROUGHT HEALING TO MY FAMILY



Several years ago, my mom, who was living alone at the time, became sick with flu-like symptoms. Although she was working with a Christian Science practitioner, she didn't seem to be making progress in meeting this challenge, and as the days went on, her neighbors and then our relatives began calling me to express their concerns.

I'd been praying about this situation, but was unsure what to do. I then asked a CS practitioner to help me to pray, and that practitioner suggested that I consider taking my mom to Lynn House. When I suggested this to my mom, she was very fearful and opposed to the idea.

But the more I prayed, it seemed very important to remove my mom from the fear her neighbors and relatives were expressing about her condition. As I continued to pray, the Bible verse "the king's daughter is all glorious within..." (Psalm 45:13) came to me, and it occurred to me that my mom was the "king's daughter" because she was God's daughter and that she was even a princess!

Then I realized that I could think of Lynn House as the "king's palace," and that if I took my mom to her Father-Mother God's "palace" (Lynn House), she would be safe from all of the fears swirling around her, and that the prayerful healing work by the practitioner, my mom, and me would be protected and defended.

With much more confidence, I encouraged my mom to go to Lynn House and she agreed. Although she didn't view it as a "palace" the way I did, I could see that the Christian Science nurses and staff were not impressed or fearful about any of my mom's symptoms, so it really was a castle and a fortress of thought. And I was able to call my relatives and my mom's neighbors and explain that my mom was being properly cared for in a nursing facility for Christian Scientists, which significantly quieted their fears.

In less than a week my mom called me early on a Saturday morning and said she was ready to go home, which she was, and the complete healing came soon after she returned home.

A grateful daughter from Falls Church, VA.

CALENDAR AND OPPORTUNITIES

❖ Early October

Introduction to Christian Science Nursing Course

For further information or an application, contact Mary Ladson, Director of Christian Science Nursing, 703-379-6000 or visit www.lynnhouse.org/training

❖ October 27-29

Harvest Gift Faire & White Elephant Sale

Vendors welcome and choice White Elephant donations wanted. Please contact harvestfair@lynnhouse.org or see our website for hours.

❖ Volunteers for activities and reading the Bible Lesson —always wanted and appreciated!

Contact Nancy Fulton, Volunteer Coordinator, 703-379-6000



Find it at Lynn House—beauty and symmetry! (Hint: You have to look up to see it.) Please know that you are always welcome to visit. We'd be glad to give you a tour and introduce you to the staff.

SUSTAINING GOOD ALL YEAR LONG!

Our end of the year Matching Campaign is a popular way to contribute to Lynn House. But it is not the only way. Just as useful in helping us keep the lights on, the phones operating, and our patients and guests well cared for is contributing a monthly amount throughout the year.

As our Matching Campaign provides only a portion of our operating costs, such monthly gifts help meet our ongoing expenses throughout the year. Also, giving in smaller, more frequent amounts can be easier than writing one larger check. For example, just \$20 monthly equals a \$240 gift for the year.

Gifts may be started on our website with a credit card or by filling out the enclosed envelope and checking the “Sustainer Program” box. Another option is to make arrangements through your own bank’s bill pay system. If you have any questions, feel free to contact me.

To those who are already Sustainers—daily and heartfelt thanks!

Lovingly,
Lynn Meyerson, Director of Outreach and Development
Lmeyerson@lynnhouse.org or 703-379-6000, ext. 258.



Are you looking to simplify your living situation? The Residences at Lynn House (“TR”), our progressive independent and assisted living community, has a lovely place just waiting for you! If you are interested in making new friends and being in an atmosphere that fully embraces your Christian Science practice, please call our Program Administrator, Lynne Darnell, and come be our guest for lunch and a TR Tour. We would love to show you around and answer all your questions.

KEEPING IN TOUCH... We happily receive changes of address, new emails, or requests to be removed from the mailing list. Please contact mail@lynnhouse.org or (703) 379-6000.



LYNN HOUSE OF POTOMAC VALLEY, INC.

*You are welcome to call
24 hours a day, seven days a week.*

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and Development*

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