

# News & Notes Spring 2018

# A HAVEN FOR SPIRITUAL PROGRESS AND HEALING

A deeper understanding of divine Science. The demonstration of God's healing power. This was what Lynn, MA signified in Mary Baker Eddy's long and incomparable career. And so it has proved an apt name for what Lynn House strives to show forth and embody.

Mary Baker Eddy first moved to Lynn, MA in 1865, and the following year she experienced the healing that set her on the course of discovering Christian Science. Her time in Lynn was devoted to consecrated study of the Bible in a desire to understand more of the divine law and the Life that is God. In the year 1875 she purchased the residence on 8 Broad Street, and that "Lynn house" was a haven for her for the next several years. It was in that home that she finished the first edition of Science and Health. It was a period of enormous portent and progress, as she continued sharing this Science with others through healing and teaching. In 1879 her students voted to organize the first Christian Science church, which "should reinstate primitive Christianity and its lost element of healing" (Manual, p. 17). By the time that Mary Baker Eddy left Lynn for Boston in 1882, she was the leader



of a growing movement devoted to sharing the healing power of the Christ.

In *Retrospection and Introspection*, Mary Baker Eddy referred to her time in Lynn this way: "The divine hand led me into a new world of light and Life, a fresh universe--old to God, but new to His 'little one'" (pp. 27-28). Her experience at Lynn gave her the spiritual understanding and strength to carry forward her God-given purpose.

A century later, when a group of Christian Scientists joined together to establish a Christian Science nursing facility near the nation's capital in the late 1960's, the Lynn House name was chosen in reference to this place of spiritual study, demonstration, and progress. Over the past fifty years, Lynn House of Potomac Valley has seen and supported countless demonstrations of Christian healing – and we are delighted to share in this newsletter a few examples of recent healings.

While in Lynn, MA, it became evident to Mary Baker Eddy "that the divine Mind alone must answer, and be found as the Life, or Principle,



"Is Biblical Archaeology Relevant?" This talk was given by Janet Crisler on April 21st. Publications of research by her husband Cobbey Crisler were offered for sale and are still available. Proceeds to benefit Lynn House.

Please contact Lynn Meyerson to purchase books, cd's, or dvd's, while supplies last, LMeyerson@lynnhouse.org.

### Progress

#### CONTINUED FROM PAGE 1

of all being; .... All Science is a revelation. Its Principle is divine, not human, reaching higher than the stars of heaven" (Retrospection and Introspection, p. 28). Similarly, we trust that every stay at Lynn House will bring a deeper understanding of God's law of infinite goodness. Whether coming to Lynn House as a patient, a Rest & Study guest, a volunteer, or an attendee at one of our programs, may you leave with a greater sense of divine Love's ever-presence and with renewed spiritual strength for the journey ahead.

# **Message from the Executive Director**

n Mary Baker Eddy's remarkable Message to The Mother Church for 1901, there is a brief but powerful paragraph in which, in reference to what she calls "vital Christianity," she states:

"The magnitude of its meaning forbids headlong haste, and the consciousness which is most imbued struggles to articulate itself" (*Message for 1901*, p. 30).

To have a consciousness that is imbued with the Christ-spirit, is something greatly to be desired. It is something we all work and strive for. As we struggle to "articulate" this in our daily lives, to give it form and expression, we find that it demands of us an honesty, humility, and obedience, which is quite above the ordinary modes of human thinking.

It involves a struggle to "come out from the material world and be separate" (*Science and Health*, p. 451). To embody the Christ-like qualities that bring healing and comfort to our fellow man is to be of the highest service to humanity.

In our work at Lynn House we strive to embody this Christ spirit. From the moment a visitor enters our facility we work to ensure that his or her stay here is as harmonious and spiritually uplifting as it can be.

There's a lot to it. A clean and up-to-date building, good food served in an appetizing way, able administration that supports an orderly, problemsolving operation, and, most of all, a devoted and conscientious staff of Christian Science nurses that work round the clock in a loving and tender way to meet the needs of each patient — all these elements must blend and work together for good.

It is a tall order. The demands seem to be endless and we take them all seriously. It is encouraging in this regard to remember our Leader's assertion that:

"The Principle of Christianity is infinite: it is indeed God; and this infinite Principle hath infinite claims on man, and these claims are divine, not human; and man's ability to meet them is from God . . ." (*Miscellaneous Writings*, p. 16).

We are grateful for every healing victory and forward step along the way in this high calling. However, the "magnitude of its meaning" keeps us from having too high an estimate of our own abilities in this endeavor. Instead, we learn to turn ever more unreservedly to our Father-Mother God for direction and guidance.

In this work we are heartened by your steadfast and wholehearted support for Lynn House. Your sincere interest in its well-being and success means everything to us. To have such support and such friends is a blessing beyond words.

So, from all of us here at Lynn House, thank you for your generous and loving support.

With all good wishes and gratitude, David B. Sand

# LIFELONG APPRECIATION

want to express my gratitude for Lynn House and Christian Science nurses over many years. Several members of my family have benefited from the loving care received through stays at Lynn House and visits at home.

Sometime ago my dad lived with my family and we were not able to give him all the care he needed. I called Lynn House and a visiting Christian Science nurse came right out. It was determined he should be admitted to Lynn House and they welcomed him with open arms. He stayed there for some time until we could find a more permanent place for him to be. I really appreciate the wonderful care that he received there. Another family member was at Lynn House on several occasions and also received care at home. We were both very happy with the care received and the love expressed. And we appreciated the flexibility and willingness to accommodate him as needed.

I have called on Christian Science nurses at Lynn House and others listed in the *Christian Science Journal* throughout the years with questions about care for myself or my children and was always given wonderful help. Several times a nurse came to my home and showed us how to take care of an injury and how to bandage and clean it. It was always very reassuring, comforting, and helpful. Sometimes just talking on the phone to a CS nurse would quiet my concerns and show me the practical steps to take. Each time the need was met and the healing quickly followed.

There have been opportunities to volunteer at Lynn House periodically through the years and I was always glad to do so. For quite some years I've gone there as a church reader for services and I've often brought my children to play piano and solo for the services. I've even played piano there a couple of times when I've read. I am grateful to serve at and be served by Lynn House.

- A local church member

# VOLUNTEERING

Bible Lesson reading – Each weekday at 11 a.m. Lynn House patients and guests gather together to sing hymns and hear the Bible Lesson. Volunteers normally come once a month – but less frequently (or more often) is also welcome. Whatever would fit into your schedule.

Other ways to volunteer include giving a musical performance, sharing a hobby, gardening, or leading an uplifting activity.

For more information, please visit www.lynnhouse.org and click on Volunteer, or call Nancy Fulton, Volunteer Secretary, at 703-379-6000.



Principia Arts on Tour visited Lynn House in March. We were very grateful for the spirit and talent we saw in these Upper School and College students.

# 2018 MID-YEAR APPEAL

ust as the manna fell day by day, Lynn House has seen beautiful demonstrations of supply year by year, for which we are deeply grateful. But the need is ongoing. Each year the difference between our operating expenses and payment for services is approximately \$1 million – and we depend on contributions, grants, and bequests to cover this amount.

To help with this ongoing need, this year we are holding a **Mid-year Appeal** in addition to our normal year-end Matching Campaign. Every gift, large or small, strengthens Lynn House. It also shows your recognition of the value of Christian Science nursing and its importance in the area of our nation's capital.

Another way to support Lynn House is by joining our **Sustainer program** with a pledge to give monthly contributions at a level of your choosing. With this commitment to regular contributions, our Sustainers make a special contribution toward the financial stability of Lynn House.

To make a gift to our **Mid-Year Appeal** or to sign up as a **Sustainer**, please either use the enclosed envelope or contribute online at www.lynnhouse.org.

For more information about ways to give to Lynn House—including **planned giving** through your estate—please contact Lynn Meyerson, Director of Development and Outreach, at 703-379-6000.

From grateful donors:

There are no words to say how grateful I am for the care my friend received on several occasions. ...It is with great appreciation that I write this check. I wish it could be triple....

Here is a small token of my appreciation for all the love and prayerful support Lynn House Christian Science nurses and staff have given me.

# **UPCOMING EVENT!**

A special workshop on

**"Christian Science Nurse:" A** *Manual* **By-Law for Every Member** will be offered at Lynn House

Saturday, June 23, 10:30 a.m. - 3:00 p.m.

The workshop is being presented by Tenacre, our sister Christian Science nursing facility in Princeton, NJ. Lunch will be included.

If you might like to participate, please contact: lmeyerson@lynnhouse.org or 703-379-6000. (This workshop will be preceded by a Corporate Member Meeting, 10 - 10:30 a.m., which all are welcome to attend.)



#### LYNN HOUSE CHRISTIAN SCIENCE NURSING & VISITING CS NURSE SERVICE

You are welcome to call 24 hours a day, seven days a week.

#### 2018 Executive Board

Betsy Stolaroff *Chairman* 

Pamela Wayne Vice Chairman

Randolph Dingwell Treasurer

Consuela Allen, C.S. Secretary

Amy Bordeaux, C.S. John Cochran, II, C.S. Paul Profeta *Members at Large* 

#### **EXECUTIVE STAFF**

David B. Sand Executive Director

Samuel Muiruri Director of Christian Science Nursing Lynne Darnell

Director, Residential Services

Lynn M. Meyerson Director of Outreach and Development

### **KEEPING IN TOUCH...**

We happily receive changes of address, new emails, or requests to be removed from the mailing list.

Please contact mail@lynnhouse.org or (703) 379-6000.

4400 West Braddock Road, Alexandria, Virginia 22304-1010 • phone (703) 379-6000 • (800) 283-4325 fax (703) 671-8897 • mail@lynnhouse.org • www.lynnhouse.org

A Christian Science nursing facility supporting Christian Science healing and accredited by The Commission for Accreditation of Christian Science Nursing Organizations/Facilities, Inc.

### **GRATITUDE FOR HAND HEALED**

y family is profoundly grateful for the loving nursing care we received from the Lynn House staff when my father's hand was lacerated in the autumn of 2017. Even though this occurred in the late evening, the Christian Science nurses were happy to receive us at Lynn House. The physical picture was serious, but the nurses remained calm, prayerful, and professional, lovingly engaging my father in uplifting conversation while they worked on the bandaging. The effective work of the practitioner, the nurses, and the family resulted in my father experiencing no pain during those hours.

We were grateful Dad was able to stay at Lynn House for a few nights since the bandage needed ongoing attention from a *Journal*-listed nurse. Once Dad came home, it became clear he needed help showering and dressing, in addition to needing periodic help with the bandage. So the Visiting Christian Science Nurse Service of Lynn House stepped in. It was inspiring to witness the dedication and joy of the nurses who came to the house every day for several weeks until there was no longer a need.

All during these weeks, healing was progressing steadily. The spiritual strength of the Lynn House nurses was evident as they tended to Dad's needs. It was a joyous day when the bandage came off for the last time and Dad had full use of his hand.

Our family is grateful for the spiritual growth we gained through this beautiful healing. Our gratitude includes Mary Baker Eddy's *Manual* provision for Christian Science nursing. My father appreciated the loving and respectful care he received both in the Lynn House facility and from Lynn House's visiting CS nurse staff. He said, "If you need physical help when working on healing through Christian Science, Lynn House is the place to be."

#### - A patient's family

## Welcome



Samuel Muiruri started May 1st as our new Director of Christian Science Nursing, and Hollis Tiger Wines as our Assistant Director of CS Nursing/Manager of the CS Nurses Training Program. They both bring a strong and steadfast commitment to the ministry of Christian Science nursing as well as a deep love for this work. We are delighted to welcome them to their new roles.

# SAFE HAVEN

am safe" were the words that came to my thought that first night at Lynn House. Just days before I had passed out at work and my colleagues unselfishly brought me and my car home.

After three days, I realized that I could no longer take care of my physical needs. Letting go of vanity, ego, and human will I called Lynn House. By late that afternoon a Visiting Christian Science Nurse had packed what I needed and driven me to Lynn House, where, within a few hours I had dinner, the first shower in almost a week, and was comfortably in bed. I slept for the first time in several days.

The freedom to work metaphysically with a practitioner, as well as freedom from comments about my condition or my progress, certainly helped bring healing.

Throughout my stay the CS nursing staff was very supportive and exemplified the nursing qualities given on page 395 of Science and Health: "...cheerful, orderly, punctual, patient, full of faith, – receptive to Truth and Love."

I am extremely grateful that Lynn House was there when I needed them. It is truly a safe haven.

- A grateful patient