

## A Way to Pray: G. L. A. D. A. R. K

GLAD = Happy

ARK = Shelter (Noah/Moses)

Ark. Safety; the idea, or reflection, of Truth, proved to be as immortal as its Principle; the understanding of Spirit, destroying belief in matter. God and man coexistent and eternal; Science showing that the spiritual realities of all things are created by Him and exist forever. The ark indicates temptation overcome and followed by exaltation. (S&H 581)

G. -Gratitude for the opportunity to learn more about Love. (SH 107:3)

L. Love, Love more ,and Love more purely (3 degrees...see SH 115)

A. -Affirm the ever-presence of infinite Love and your inseparability from infinite Love (This heals the belief in sin aka the belief in separation from good. See Rud. 2: 22-7)

D. -Deny that anything could ever separate you from Love (Rom. 8:38)

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A. -Apply the specific Law (Word of Love) that corrects the concern. "Reverse the case." (SH392) This is not just looking up citations...this is discovering the Divine Law that eliminates fear and governs absolutely.

R. -Reject the sneaky serpent in all its forms. (SH 321, "Wiser than serpents," SH 442:30)

K. -Know that your prayer is complete. ("Seal" it. SH 593:23)