# News & Notes Winter 2018-2019

## **EXECUTIVE DIRECTOR'S MESSAGE: INFINITE GOOD**

All good, where'er it may be found, Its source doth find in Thee... (Hymn 224)

At Lynn House we launch our boat from the port of Abundance, not from the backwaters of Want. And this makes all the difference in the way we chart our course and navigate the rough seas.

You'll see in this newsletter ample evidence of the good activity going on here. And we trace it all back to God, the infinite source of all spiritual good.

The famed American composer George Gershwin was said to have told his brother once, when he realized he had forgotten a notebook of musical ideas in a hotel room, not to worry because there was more where that came from. (Feinstein: *The Gershwins and Me*, p. 20)

That's the attitude we take toward the good that we see and appreciate all around us here on a daily basis.

Whether it is a lovely healing, an inspiring talk, a lively workshop, new staff joining our team, or a picnic in appreciation of our Christian Science nursing staff, it all points to the marvelous outflow of infinite good that has its source in the "teeming universe of Mind" (*Science and Health*, p. 513).

Look through this newsletter and see if you don't agree with me that these reports of progress and healing speak of God's presence with us.

We're forever grateful for the role that you, as part of our extended



family, play in supporting and praying for the harmonious unfoldment of every activity here. This is truly a creative and collaborative effort, and you are an essential part of it.

Even the ongoing challenge of our finances (see back page) we can count as a spiritual blessing to the degree that it compels us to turn ever more unreservedly to divine Love, the source of all good.

What a joy it is to see divine goodness all around us and to know that the source is boundless. Indeed, there is always more where that came from.

With gratitude, David Sand

## **GRATEFUL FOR OUR VOLUNTEER BOARD MEMBERS...**

Our many thanks to Betsy Stolaroff for her seven years of dedicated service on Lynn House's Executive Board — including serving as Chairman of the Board. Her calm presence and loving support have been a blessing to Lynn House. Thank you, Betsy! We welcome in Sandy Workman, from First Church, DC. Please see the listing of new Executive Board officers on the back page.



Our thanks to Betsy Stolaroff for her loving service to Lynn House!

### **GIFT FOR THE FIELD**

## INSPIRATIONAL TALK AND MUSIC

We were pleased to sponsor an inspirational talk by Christian Science practitioner Christie Hanzlik, C.S., on Saturday, October 27th at Lynn House. She shared simple steps that we can follow to pray for ourselves



Christian Science practitioner Christie Hanzlik and musician Matt Hammond at the October inspirational talk.

and the world as she pondered how Daniel might have prayed while in the lions' den.

Special guest musician Matt Hammond accompanied the talk with hymns, which our full house of guests enjoyed! To watch the talk online, visit our website:

http://www.lynnhouse.org/ events/recorded-events/

From a recent
Rest & Study guest—
"What a joy to stay here,
enveloped in the
atmosphere of Love."

# TENACRE FOUNDATION GAVE UPLIFTING WORKSHOPS AT LYNN HOUSE



Christian Science nurse Tina Bilhorn speaking at a Tenacre-sponsored workshop held at Lynn House in June.

ur sister Christian Science nursing organization, Tenacre Foundation in Princeton, NJ, gave two inspiring workshops at Lynn House this past June and November. Tina Bilhorn, Director of the Tenacre School of Christian Science Nursing, was the facilitator. She brought an enthusiastic and joyful approach to understanding the Church Manual By-Law provision for Christian Science nursing and for promoting caring communities.

At the June workshop, participants explored the origin of and deeper meaning of the word "nurse" in both noun and verb forms. They pondered Bible characters to identify which ones seemed to represent exemplary nursing qualities and actions. And they shared examples of when they had an opportunity to express those nursing qualities and how their presence helped to uplift the situation.

Expanding upon ideas from the first workshop, the November one examined how we can invigorate a tangible sense of caring in our families, branch churches, neighborhoods, and in the world. Participants discussed how branch church members can lovingly support one another and care for their communities. The workshop was full of inspirational ideas and was a call to action.

# REST AND STUDY SPECIAL DECEMBER 28, 2018 - FEBRUARY 16, 2019

Welcome to our spiritually supportive home! Come refresh and study in our peaceful library and restful environment. Give yourself a break from other things to focus on spiritual renewal. We'll take care of the cooking and housekeeping during your stay with us.

The special rate is \$53 per night (including meals) for up to four nights at this price.

Please call 703-379-6000 for reservations.

## **WELCOME TO CASSIA SCHUCK, DCSN**



Cassia Schuck, our new Director of Christian Science Nursing (DCSN).

We are delighted to welcome Cassia Schuck to head our Christian Science nursing team. She will be serving as Director of Christian Science Nursing (DCSN), working closely with Sam Muiruri and Hollis Tiger Wines as Assistant DCSNs.

Cassia comes to Lynn House with more than twenty years of experience as a Christian Science nurse, including 3 ½ years as Assistant DCSN at Chestnut Hill Benevolent Association.

When asked what led her to Christian Science nursing, she explained: "God called me into this work when I opened my heart with a desire to

serve. I have realized over the years that loving my fellow man goes hand-in-hand with loving God. I am grateful every day for the opportunities to serve and witness healing. This work of supporting Christian Scientists in their radical reliance on God for healing is vital to this noble and worthy cause. I could not imagine doing anything else."

# OUR CELEBRATION OF "INTERNATIONAL CHRISTIAN SCIENCE NURSING DAYS"

ynn House residents, patients, staff, board members, volunteers, family, and friends joined us on Saturday, September 29th to celebrate "International Christian Science Nursing Days" (September 29 and 30, 2018).

It was a beautiful fall day, and we held a picnic in our lovely court-yard. There was delicious food, gifts for our Christian Science nurses, and a banner with "thank you" signs written in various languages.

We are grateful for everyone who attended and helped make our celebration so joyous!



Lynn House cook Greg Cain and Board member Pamela Wayne at our September 29th picnic.

The National Fund for Christian Science Nursing (NFCSN) is a benevolence fund that supports Christian Science nursing care (including care in-home and at facilities). See: https://nfcsn.org/

## Asking for Your Prayers: Christian Science Nurses and Housing

The Lynn House Executive Director and Board recently sent out a letter (via hardcopy mail and eNews) asking for your prayers for Christian Science nurses and housing. The letter explains the ongoing need for Christian Science nurses and associated housing for them at Lynn House. It also explains this is a need for many other Christian Science facilities as well – it's not unique to Lynn House. Thank you in advance for your prayerful support.

If you have any questions, contact us at info@LynnHouse.org or call us at 703-379-6000.

The letter is posted online at: www.lynnhouse.org/ways-to-donate/current-campaigns.

## VOLUNTEERING AT LYNN HOUSE

We deeply appreciate the members of area churches who come to Lynn House to lead our Sunday services and Thursday evening testimony meetings – as well as those who help in other ways! Volunteering is a mutual blessing, and we would love to welcome more volunteers to join us. Please call us to explore the possibilities, such as:

- reading the Bible Lesson (weekdays at 11:00am), even just once/month
- sharing your musical talents or a special hobby with our patients or residents

## HELPING US TO "FILL THE GAP"

ach year, Lynn House depends on more than \$1 million in support from the field to keep our doors open and services readily available. This amount is needed to close the gap between our true operating costs and payments received from patients, insurance, and benevolence programs.

Each gift – large or small – is invaluable. Besides helping us to meet our expenses, it shows an appreciation of Christian Science nursing, a commitment to ensuring it is available to all who call in a time of need, and a desire to sustain Lynn House as a beacon of spiritual healing in our nation's capital.

There are many ways to give:

- Throughout the year, we welcome donations by check, credit card, or stock/securities. For more information, please see our website (www.lynnhouse.org) or call us.
- Consider becoming a Sustainer and giving monthly at whatever level is comfortable for you. These monthly donations can be made by check, credit card, or auto-withdrawal from a bank account.
- Consider including Lynn House in your estate plans. We would welcome a phone call to provide you with more information.
- Designate Lynn House in the United Way/Combined Federal Campaign. For the United Way of the Capital Area Campaign our code is 8495, and for the Combined Federal Campaign our code is 69892.

Your support is deeply appreciated!

# \$100,000 MATCHING CHALLENGE – Give by December 31, 2018!

hanks to the generosity of several sponsors, every contribution that Lynn House receives by December 31, 2018 will be matched dollar-for-dollar up to \$100,000. Reaching our goal will mean at least \$200,000 in support of our healing mission.

- To make a donation by credit card, visit our website (www.lynnhouse.org) or call us.
- To donate by check, you may use the enclosed remittance envelope.
- To make a donation by stock/securities or other ways, call us at 703-379-6000.

We are truly blessed to be able to offer this Matching Challenge — and we extend our heartfelt thanks to all those responding and helping us to meet this goal.



#### **LYNN HOUSE**

#### **2019 EXECUTIVE BOARD**

Randolph Dingwell Chairman

Consuela H. Allen, C.S. *Vice Chairman* 

Sandra Workman Treasurer

Amy Bordeaux, C.S. *Secretary* 

John Cochran, II, C.S. Pamela Wayne *Members at Large* 

#### **EXECUTIVE STAFF**

David B. Sand Executive Director

Susan Orttung
Assistant Executive Director

Cassia Schuck Director of Christian Science Nursing

Lynne Darnell and Mary Ladson Residential Program Managers

Sue Cornell

Director of Special Projects and

Development Coordinator

#### **SERVICES:**

Inpatient and Outpatient Christian Science nursing care

Visiting Christian Science Nursing Service

Residential / Assisted Living Rest & Study

You are welcome to call 24 hours a day, seven days a week.

4400 West Braddock Road, Alexandria, Virginia 22304-1010 • phone (703) 379-6000 • (800) 283-4325 fax (703) 671-8897 • mail@lynnhouse.org • www.lynnhouse.org

Workshops Offered A Safe Haven

## BRANCH CHURCH WORKSHOPS ON PROVIDING PRACTICAL, CARING ASSISTANCE

s your branch church looking to help your members and/or Care Committee learn more about providing practical care for visitors and/or fellow church members? For example, helping someone in and out of a car, or helping them use a walker? We understand such practical help is sometimes useful for those working through physical challenges while relying on God and scientific prayer for healing.

To help meet this human need, Lynn House gladly provides workshops by Christian Science nurses at local branch churches. We held such a workshop at the Rockville, MD Christian Science branch church in September. The workshop was well received. Christian Science nurses from Lynn House spoke about the *Manual By-Law* for Christian Science nursing and its ethics, and then demonstrated examples of practical, hands-on ideas for meeting needs. Some of the feedback we received included:

- "It was so interesting to talk about nursing qualities and to identify some of these in the Bible. It makes the Bible come to life in a fresh way."
- "It [the workshop] gave me many ideas on how to think about a situation, where help is needed and how to provide practical assistance."

Our workshops are demonstrations of Mrs. Eddy's statement that "Divine Love always has met and always will meet every human need" (*Science and Health*, p. 494). Please be in touch with Lynn House if you'd like to sponsor a workshop at your branch church. We'd love to support your healing and caring activities.

As a student of Christian Science for many years, I have experienced numerous healings—so my first thought is always to turn to God for help when a need arises.

Recently I became overwhelmed with fear when I began to feel that I was going to have a seizure and lose consciousness. I had an urgent need to feel the safety of God's presence. Because of the fear I could not seem to overcome, I did not want to stay alone at home, and I thought immediately of Lynn House. Friends (also Christian Scientists) helped me call and drove me there.

I am very grateful to the Lynn House management who approved my entry on very short notice—especially since it was a Sunday. Upon arrival I immediately began to feel safe, knowing that a loving staff was seeing the Truth of my being and refusing to accept the lie that I could ever lose consciousness.

During my stay at Lynn House, I quietly prayed and was led to read portions of *Science* and Health with Key to the Scriptures and other writings by Mary Baker Eddy and, of course, the Bible. That evening I had the best overnight rest I had experienced in several months, and I felt at peace when I woke the next day. I continued my study and was grateful to know the staff was supporting my efforts and to have the ongoing help of a Christian Science practitioner. Late in the afternoon I felt a sense of calm and assurance that it was safe for me to return home.

In Lynn House we have the gift of an oasis in the wilderness, a place of safety from the turbulent waves of mortal mind, where we can focus on seeing our true reality as a reflection of the one infinite Mind, God.

#### - From a recent patient