



LYNN HOUSE
OF POTOMAC VALLEY, INC.



Summer 2021

Progress unabated

*...Thou shalt be like a watered garden,
and like a spring of water,
whose waters fail not.*

— Isaiah 58:11 —

At a recent Board meeting, there was discussion of this wonderful promise from Isaiah. Lynn House is like “a watered garden,” fed by the spring of divine Love. We see this love expressed in so many ways – the thoughtful actions of a staff member, the helping hand of a volunteer, the loving gift of a donor, the words of gratitude from a patient. This spring of divine Love nurtures the goodness in each of us. It unfolds God’s beauty and the valuable purpose that God has for all of His creation. Anything that might try to impede this unfoldment – fear, resentment, discouragement – is washed away by divine Love, and only God’s goodness remains.

With all the challenges that our world has been facing, this is wonderful, divine reassurance. While things on the surface may look different than expected, God’s “waters fail not.” His goodness is ever-flowing and His progress is continuing unabated.

At Lynn House we are thankful for continuing progress on many fronts. We have been grateful to move forward on some important projects, we have been delighted to have new staff members join us, and we have



Our youngest volunteer helping to plant begonias and geraniums for our residents to enjoy.

been blessed to witness lovely healings among those calling on our services.

Thank you for your continued support of Lynn House’s healing mission! We hope that you will enjoy reading about our latest happenings -- and rejoice with us in the evidence of divine Love-in-action, pouring forth Her waters that purify, strengthen, and refresh.

Notes of Gratitude

From a recent patient:

“So good to have lots of time for prayer and study in a loving, supportive atmosphere!”

From another recent patient—

“I'm very grateful for all of the care I received during my stay at Lynn House. The nurses were exceptionally loving and generous in meeting my every need. I was tenderly cared for in every way. Above all, the spiritual knowing by nurses and other staff members created an atmosphere highly conducive to healing. I found it so easy to keep my thought in the realm of reality. I am grateful beyond words for the extraordinary spiritual insights I experienced while there.”

Words of gratitude for our Visiting Christian Science Nursing Service—

“Many thanks for the loving and spiritually uplifting care. Thank you for providing this service.
[The visiting Christian Science nurse] is a shining light.”

Gratitude from a former patient—

“I'm continually grateful for my harmonious and healing two months' stay at Lynn House and for the excellent care that I received there from the Christian Science nurses. I'm grateful for the healing and loving atmosphere which everyone contributes to as well as other activities that I was able to participate in such as the daily reading of the Bible Lesson.”



Each day at 9:15 am and 4:15 pm our staff and residents join together for ten minutes in prayerful support of Lynn House, our community, and our world. We invite you to join us in prayer.



Current Protocols

As “healthcare settings” must still follow the temporary regulations enacted over the past year, most of Lynn House protocols remain in place for now. These include wearing face masks, practicing physical distancing, and limiting entry to the building. This means that, for the time being, we are still not able to have volunteers (other than those helping in our garden). We also have special screening questions that need to be asked before admitting a patient.

Please know, though, that – despite these temporary measures – the healing atmosphere of Lynn House remains the same and we continue to welcome your calls at any time.

Art Exhibit

Knowing that we have several creative folks in our Lynn House family, we decided to turn our main hallway into a “Lynn House Gallery” where we can have temporary displays of their artwork. For the past couple of months, we have been enjoying the artwork of Tracy Wilkerson, our weekend receptionist and payroll manager.

(To see more of Tracy’s mixed-media works, you can visit her website: recycledworksart.com.)



Testimony from a Rest and Study Guest

Last year before the pandemic, my wife and I were staying at Lynn House in a Rest and Study room. She was attending the Lynn House Board meeting and I was working for a client in downtown Washington, DC. I finished my meetings one day early and my wife had one more half day of meeting. When I woke in the morning, I was not feeling well. As the morning progressed, I felt worse and found myself unable to eat, walk or work. As I lay in bed, I was very much comforted by the lesson sermon read over the intercom. Then, I listened to other channels provided over the intercom, hymns and the *Sentinel Radio* program. Each one provided new inspiration and hope.

Even though I was not a patient, I felt the comfort of the nurses as they would check on me every now and then. I felt the power of the spiritual work behind the scenes and this provided courage and strength to go forward and fight the battle of mortal sense trying to dictate how I was feeling and defeat it!



I knew that God maintains us as perfect and there is no disruption or suggestion that can affect His omnipotence, omnipresence, omniscience and omniscience for me and all the patients at Lynn House. He “owns each waiting hour.”

About midday, the fever broke, the upset stomach diminished, I was able to get out of bed, stand, walk, and wanted to eat something. I was healed!

After my wife’s meeting ended we faced a 5–hour drive back home, and I was able to help drive.

I rejoiced for this quick healing and thanked God for His ever-present divine Principle, Love, the Divine Comforter. Truly, I felt the power of the Word and knew that the Christ Truth had come to the flesh to destroy incarnate error.

I thank the Father, the Son and the Holy Ghost. I also thank Lynn House for the spiritual quiet atmosphere with the constant prayers and sustaining metaphysical support for all those who come and stay within her walls. The healing atmosphere of Lynn House truly reaches and heals everyone.

—Christopher Bordeaux

FROM THE EXECUTIVE DIRECTOR

A Wondrous Thing . . .

*God's glory is a wondrous thing,
Most strange in all its ways,
And of all things on earth, least like
What men agree to praise.
(Christian Science Hymnal, No. 86)*

Singular, unexpected, out of the ordinary, remarkable, -- these are just a few synonyms for the word "strange." Wondrous things do appear strange to human thinking bounded as it is by false theories and material conceptions. But material thinking, dull, ordinary, and bland, is what should seem strange to us.

Progress during a pandemic, forward steps during a lock down, new initiatives during a hiatus, changes for the better during supposedly the worst of times -- these are wondrous things that defy the darkness of mortal thought and testify to God's living presence with us.

In describing the straight course of a Christian Scientist, Mrs. Eddy writes: "His whole inquiry and demonstration lie in the line of

Truth; hence he suffers no shipwreck in a starless night on the shoals of vainglory" (*Miscellaneous Writings*, p. 268).

Here at Lynn House we strive to keep our "whole inquiry and demonstration" in the "line of Truth." Out of this "inquiry" come our day-to-day care practices, the maintenance of our infrastructure, the attention to the quality of life for our patients and residents, our planning for the future. We know that the modest demonstrations of God's power and presence that we can point to, arise from this pure desire to follow the leadings of Truth.

We hope you will glimpse in these pages something of this spiritual impetus. We are progressing and moving forward on a number of fronts. We are grateful to all of you who continue to support us with your prayers and contributions.

God's glory *is* a wondrous thing.
And for this we are indeed grateful!

—David Sand



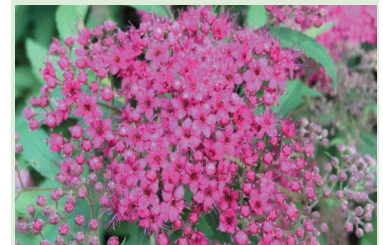
**We are looking for
volunteers to help
with gardening—**

Would you like an opportunity to be out in the fresh air, do a little gardening in a beautiful setting, and make a meaningful contribution to Lynn House?

You could choose days, times, and frequency. All the needed tools are available.

Whether you are new to gardening or have years of experience, we'd love to have you join us!

Please contact Susan:
703-379-6000



**New
Beginnings!**



Some of the residents and staff gathered to plant a "marinara bucket garden" including tomatoes, rosemary, and basil. The residents enjoyed getting outside, and they are looking forward to eating the fruits of their labors at an upcoming spaghetti dinner.



Lynn House Memorial Day Picnic

Our staff, residents, and patients enjoyed having a Memorial Day picnic together in our garden. It was a lovely afternoon of sunshine and friendship. We cherish the wonderful camaraderie of our staff, knowing that it contributes to the welcoming atmosphere for all who come to Lynn House.



New Assistant Director of Christian Science Nursing

We are pleased to announce that Rose Mudida has joined our staff and will be assuming the role



of Assistant Director of Christian Science Nursing. Rose has had a long career of service in C.S. nursing, which has included working in several C.S. facilities, helping as a Visiting C.S. nurse, and mentoring new C.S. nurses.



C.S. Nurses Housing Initiative

Over the past few months Lynn House has been in touch with an architectural firm to explore housing for our short-term and student C.S. nurses. The small cottage on the northwest corner of our property that had served this purpose is no longer suitable for occupancy. We were grateful to receive initial funds from a generous bequest that have allowed us to begin exploring solutions. You will hear more about this in the coming months as we seek to meet the housing needs of our C.S. nurses.



Mid-Year Appeal

“Never ask for to-morrow: it is enough that divine Love is an ever-present help; and if you wait, never doubting, you will have all you need every moment.”

(Miscellaneous Writings, p. 307)

We are indeed grateful that we have had what we have needed during this unprecedented period, and we are going forward with the same trusting attitude in God’s ever-present help. We would like the field to know, however, that we do have a continuing and pressing need for funds for our general operating expenses.

The constraints over the past year in regard to our normal operations have brought financial challenges. We have had to significantly draw on our unrestricted reserves, while trusting that truly divine Love is meeting the need. We will be approaching the field soon with a plan to build our reserves in a more sustainable way. But, in the meantime, we ask that you continue to support us in as generous a way as you can as we return to a more normal pattern of service and revenue.

Each gift is an expression of “love reflecting Love” (Hymn 66). We are deeply grateful for each and every sign of support!

Financial donations can be made by check, credit card, or securities. They can be given:

- through our website (lynnhouse.org)
- by mail (4400 W. Braddock Rd., Alexandria, VA 22304) or
- over the phone (703-379-6000).

Please consider becoming a Sustainer by pledging to make a monthly contribution of any amount that is comfortable for you. Sustainers play a special role in helping to bring stability to our operations.

Including Lynn House in your estate plans is another way of giving support and leaving a lasting legacy. The loving bequests that Lynn House has received over the years have been a tremendous blessing.

Thank you for joining together with us in support of healing.



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Your calls welcome 24/7

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